The Purity Ladder

1. The Conscience Killer
   Puts self into tempting situations and does whatever "feels good".

2. The Stupid Fighter
   Puts self into tempting situations and then tries to fight the temptation.

3. The Smart Runaway
   Avoids tempting situations by "running away", turning away, etc.

4. The Pure of Heart
   Is able to look at and treat someone with all the love and respect that they deserve.

* We should ALWAYS be above this rung *

"To the heights!"

GOAL

"To the heights!"
EXAMPLE 1

You go to wild and crazy college parties where there are tons of people getting drunk, wearing very little clothing, hooking up, and getting in other kinds of trouble. The pressure to be cool and fit in is so strong that you almost always give in and get drunk or hook up with someone or regret what you did the next day.

Where is this person on the Purity Ladder? How come?
EXAMPLE 2

You bring your laptop or your phone into your bedroom late at night (after your parents go to bed), close and lock your door, and then Google for inappropriate pictures and videos.

Where is this person on the Purity Ladder? How come?

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Where is this person on the Purity Ladder? How come?
EXAMPLE 3

The story of Bishop Nonnus and Pelagia

Where are the bishops in this story on the Purity Ladder? How come?

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To the heights!

The Pure of Heart

The Smart Runaway

The Stupid Fighter

The Conscience Killer