



A good quote can be almost magical. In only a sentence or two deep truths can be conveyed and entire books summarized. Minds and hearts can be instantly opened to something they've never known or felt before. And lives can be renewed, refocused, and reenergized in unimaginable ways.

But for a sound-byte culture where short attention spans, religious confusion, and moral relativism have become somewhat of the norm, good quotes can remain hidden and their power left untapped. So, in an effort to revitalize this magic and share some Catholic truth and love, I present to you a 20 year-long collection of awesome faith-related quotes!

Read 'em. Memorize 'em. Live 'em!

In Christ,
Greg Aitchison

Last update: September 2018

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1. Original Quotes by OLGers

*Note: If one of your Create-a-Quotes is super clever and/or packs a theological punch, it may end up on this list next year and for many years to come! (All quotes are considered for inclusion during summer break after your 8th grade year)

In Heaven everyone lives in Hollywood.
Riley Gannon, OLG Class of 2010

I'm not on Team Edward or Team Jacob, I'm on Team Jesus.
Samantha Letscher, OLG Class of 2010

If life were like the Red Light/Green Light game, then God would always be the green light and we would always be the red light.
Samantha Letscher, OLG Class of 2010

We all know that life is a test. But not many of us realize that each person has a different test. And fewer still remember that it's a *timed* test.
Molly Davies, OLG Class of 2011

Making others happy makes you happy, and most importantly, Him happy.
Maddie Hendricks, OLG Class of 2011

Do the will of God not because you need to but because you want to.
Susan Nitschke, OLG Class of 2011

Every person has a story to tell. It is up to us to let it be heard.
Kelly Reger, OLG Class of 2011

When I don't know what to do, I'll look up to You.
Casey Dornbach, OLG Class of 2012

God over C.O.D. (Call of Duty).
Walter Duff, OLG Class of 2012

Prayer is the best home security.
Walter Duff, OLG Class of 2012

When in doubt, whip a Rosary out!
Walter Duff, OLG Class of 2012

Saints are made when no one is looking.
Conor Klaers, OLG Class of 2012

Becoming a saint should be the #1 thing on your to-do list.
Sarah Letscher and Sam Rocheford, OLG Class 2012

Always pray before you hit the hay.
Auggie Moore, OLG Class of 2012

If you can feed yourself, you can feed the poor.
Caroline O'Connell, OLG Class of 2012

The doctor said the cause of death was starvation. God said the cause of death was neglect.
Brendan Quinlan, OLG Class of 2012

OLG Quote Dogs!

Sometimes the poor are richer than the rich.
Jane Rock, OLG Class of 2012

Sin starts and ends with you.
Jack Trembath, OLG Class of 2012

The glory of God is sometimes most observable in places where humans have never been.
Ben Becker, OLG Class of 2013

You can have everything, yet have nothing, and have nothing, yet have everything.
Hannah Bierbaum, OLG Class of 2013

Evil can only win if you let evil in.
Emmalyn Elsen, OLG Class of 2013

Work out at church, not just the gym.
Brandon Fries, OLG Class of 2013

The Bible is like an egg. You actually have to crack it open in order to get anything good out of it.
Peter Gathje, OLG class of 2013

Restore The Story.
Jane Kolar, OLG Class of 2013

Abortion is the death penalty for apparently the worst crime ever: Existing.
Jackson Liebl, OLG Class of 2013

A terrorist is usually motivated by hate. A soldier should be motivated by love.
William Mayleben, OLG Class of 2013

Easter is the day that God slapped YOLO in the face.
Chad Sriver, OLG Class of 2013

Don't doubt the route to God.
Sarah Betts, OLG Class of 2014

It doesn't matter how big your wedding ring is; the most beautiful ones are the ones that last forever.
Caroline Bowen, OLG Class of 2014

Keep Jesus in your Christmas presence.
Isabel Busyn, OLG Class of 2014

Being a saint doesn't happen overnight, so get to work!
Dustin Dallman, OLG Class of 2014

The easy way out usually isn't the right route.
Julia Duda, OLG Class of 2014

We shouldn't treat God like a genie who will grant our wishes. Instead, we should seek to grant God's wishes.
Joe Dunn, OLG Class of 2014

If you're having a bad day, God's only a prayer away.
Rachel Folkestad, OLG Class of 2014

OLG Quote Dogs!

When you're feeling down, look up!
Grace Kopischke, OLG Class of 2014

You have to cross the cross to get to Heaven.
Lizzie McCracken, OLG Class of 2014

Jesus is my quarterback.
Charlie Quinlan, OLG Class of 2014

Saying "No" to sin is the only way to win.
Charlie Quinlan, OLG Class of 2014

Be salmon!
Ellie Scheid, OLG Class of 2014

My idol comes to town once every two or three years, but Jesus is in concert every Sunday morning.
Ellie Scheid, OLG Class of 2014

If Jesus were the king piece, Mary the queen piece, and the apostles were represented by the bishops, then we must be the pawns in God's game of chess against sin.
Nathan Schultz, OLG Class of 2014

Fasting is the greatest feast.
Brady Solomon, OLG Class of 2014

Serving the Lord is its own reward.
Natalia Alfonzo, OLG Class of 2015

The difference between just going through suffering and offering up your suffering is as big as Jesus' wingspan.
Will Becker, OLG Class of 2015

If it seems you're strayin', then get to prayin'.
Estelle Beutz, OLG Class of 2015

Sin is like an earthquake: It shakes our foundation and leaves damage behind.
Chloe Dobbs, OLG Class of 2015

God is the judge and it's up to you to supply the evidence.
Annie Fesenmaier, OLG Class of 2015

Be a rebel; fight the devil!
Grace Juckniess, OLG Class of 2015

If we prayed as much as we texted we would be as close to God as we are to our best friends.
Grace Knoer, OLG Class of 2015

Your behavior shows how much you love your Savior.
Gracie Nelsen, OLG Class of 2015

The cross is a plus sign which God wants to use to add you to His Kingdom.
Elise Pearson, OLG Class of 2015

Jesus' resurrection was the ultimate plot twist.

OLG Quote Dogs!

Joe Pedrolie, OLG Class of 2015

God is like bacon: He makes everything better.
George Shea, OLG Class of 2015

What's the point of sinning when you could be grinning?
Drew Walser, OLG Class of 2015

No matter how hard you try, you can never quite catch cool.
Matthew Gross, OLG Class of 2016

Death is life's best motivational speaker.
Jurgis Daugela, OLG Class of 2016

The first and last conversation we have every day should be with God.
Sophia Doll, OLG Class of 2016

Sin is just like snow. It accumulates really fast and takes way too long to melt.
Grace Hamerski, OLG Class of 2016

Saints aren't made overnight; They're made over years.
Thomas McGoldrick, OLG Class of 2016

Don't let yourself become a mess because of stress.
Lauren Busyn, OLG Class of 2016

God is the key to the door of happiness.
Sophia Doll, OLG Class of 2016

If you want someone who will give you whatever you want, get a magic lamp. If you want someone who will give you whatever you need, get on your knees.
Quinn Elliott, OLG Class of 2016

Sometimes you have to take one for the team. Jesus took one for the world.
Jake Steinlage, OLG Class of 2016

Truth isn't written in pencil, but permanent marker.
Kit Piper-Hauswirth, OLG Class of 2016

Confession is the most underrated sacrament.
Michelle Doering, OLG Class of 2017

Be a winner, not a sinner.
Lucio Fialo, OLG Class of 2017

Why spend so much time trying to be popular when in the end it won't even matter?
Isabella Fries, OLG Class of 2017

Becoming a saint should be on your bucket list.
Owen Hoerner, OLG Class of 2017

There are second chances in life but not at life.
Berit Kobienia, OLG Class of 2017

Real kings don't wear gold, they wear thorns.

OLG Quote Dogs!

Simon Kotok, OLG Class of 2017

Think about the most beautiful thing you have ever seen. Then think about how God thinks you are more beautiful than that.

Meghan Murphy, OLG Class of 2017

A smile can go a mile.

Nina Safranski, OLG Class of 2017

Redemptive suffering turns pain into something beautiful.

Ava Montpetit, OLG class of 2018

When in doubt, pray it out.

Thomas Volpi, OLG class of 2018

Being holy isn't always easy. Remember, you follow someone who died for doing what you're doing.

Mary Zavoral, OLG Class of 2018

God is always calling. Will you answer?

Mary Zavoral, OLG Class of 2018

Live like Jesus is watching, because He is.

Sofia Alfonzo-Mudoy, OLG Class of 2018

These days you have to disconnect to connect.

Merrick Bearson, OLG Class of 2018

So many people are prisoners of their phones. No wonder they call them *cell* phones.

Anna Bitonti, OLG Class of 2018

You must confess to find success.

Nicole Doering, OLG Class of 2018

God should be your number 1 contact.

Nick Graczyk, OLG Class of 2018

Hang up and hang out!

Kate Happe, OLG Class of 2018

You'll never win by committing sin.

Max Herro, OLG Class of 2018

Fasting is the fast lane to Heaven.

Ethan Kruse, OLG Class of 2018

Sometimes the greatest acts of love are the ones no one ever sees.

Fiona Lynch, OLG Class of 2018

You'll be the devil's prey unless you pray.

Joe Kolar, OLC Class of 2018

It doesn't always feel good to be good.

Jack Schumacher, OLG Class of 2018

Remember: Christmas is Jesus' birthday, not yours.

OLG Quote Dogs!

Izzy Garvin, OLG Class of 2019

Everything turns out in the end if God is your beginning.
Lizzie Halloran, OLG Class of 2019

The Bible is like God's letter to us. Prayer is like our letter back to God.
Vivienne Larson, OLG Class of 2019

We aren't allowed to throw an ounce of garbage into rivers but for some reason the media is allowed to throw as much garbage as they want into our minds.
Evan Ried, OLG Class of 2019

The Bible can be your UPS (Universal Positioning System) pointing the way to Heaven.
John Vaccaro, OLG Class of 2019

New, catchy, totally awesome quote.
Could be YOU! ☺

2. Becoming a Saint

There is only one tragedy in the end: Not to have been a saint.
Charles Péguy

At some point you've gotta do more than just flirt with Jesus.
Bob Lesnfsky a.k.a. Righteous B

Become a saint, and do so quickly.
Saint John Paul the Great

If you will look into your own heart in complete honesty, you must admit that there is one and only one reason why you are not a saint: you do not wholly want to be one.
William Law

Do you know any better way to make saints than to be one yourself?
Peter Kreeft

I think nobody alive today is a more powerful agent of conversion than someone like Mother Teresa. You can refute arguments but not her life. When she came to the National Prayer Breakfast and lectured President Clinton about abortion, he had nothing to say to her. He can't argue with a saint. It's too bad there isn't an easier way, because becoming a saint is not the easiest thing in the world. It's much easier to become an apologist or a philosopher or a theologian.
Peter Kreeft

If you are what you should be, you will set the world on fire.
Saint Catherine of Siena

We're on the field and the stands are packed with the saints who are constantly rooting us on.
Father John Riccardo

The real heroes, the real celebrities, are the saints. They're the only ones worth imitating.
Father John Riccardo

OLG Quote Dogs!

Saints didn't set out to have everyone follow them. Saints set out to follow Jesus, and others followed them in their pursuit of Him.

Mark Hart

Those who risk all for God will find that they have both lost all and gained all.

Saint Teresa of Ávila

The road to holiness goes through your neighbor.

You are not defeated until the moment you quit.

Father Mike Schmitz

Great saints are never wimps.

Peter Kreeft

Dear Jesus, that's it. No more crap. For now on, I'm all in. Love, Anna.

Prayer written on the inside cover of a high school student's Bible

The Lord delights in every little step you take.

Saint Francis de Sales

To begin is for everyone. To persevere is for saints.

Saint Josemaría Escrivá

Follow the saints, because those who follow them will become saints.

Pope Saint Clement I

There is no saint without a past, and no sinner without a future.

Saint Augustine

Holiness never goes out of fashion.

Pope Benedict XVI

There is nothing more practical than love. Love will determine how you spend your time. Love will determine what movies you watch. Love will determine what kinds of things you laugh at. Love will determine what kind of music you listen to. If we truly love Jesus, it has to change our choices.

Father Mike Schmitz

If you want to get wet, go out to where it is raining; If you want to be a saint, find one and hang out with him.

Peter Kreeft

There comes a time when one has to stop talking about becoming a saint and actually start choosing to be one.

If becoming a saint were easy, everyone would do it.

Indecision is a decision.

Jason Evert

A fish will never be freer and happier than when it swims in the ocean, because that's what it was made for. You will never be freer and happier than when you live like a saint, because that is what you were made for.

From the book Theology of the Body for Teens: Middle School Edition

OLG Quote Dogs!

God will give me everything I need to get to Heaven, not everything I want to live a comfortable life.
Father Kevin Finnegan

Giving God permission to make you a saint will ruin your life.
Mark Hart

You are currently as close to God as you want to be.

Bloom where you're planted.

Dear young people, let us not be satisfied with a mediocre life.
Pope Francis

If you aren't changing your schedule to follow Jesus, you are not a disciple of Jesus.
Father Mike Schmitz

God has great plans for you today... creative and unexpected means by which He will make you a saint. He needs only your joyful submission to His plan.
Mark Hart

He will provide the way and the means, such as you could never have imagined. Leave it all to Him, let go of yourself, lose yourself on the Cross, and you will find yourself entirely.
Saint Catherine of Siena

The holier you get the more your confessions should be not about big sins, but about choosing smaller goods over bigger goods.

It's funny how the closer you get to God, the more you realize how far you are from Him.
Mark Hart

In middle school, people thought I would play baseball for the rest of my life. In high school, people thought I would be in detention for the rest of my life. In undergrad, no one had any clue what I would do for the rest of my life. Then I fell in love with Jesus and now I will try and make Him famous for the rest of my life.
Stephen Estes

Love to be unknown.
Saint Philip Neri

God made saints out of far worse people than you.
Mark Hart

Every Catholic is one good Confession away from potential sainthood.
Patrick Madrid

It is in our darkest cultures that the greatest saints rise, stand, and lead.
Mark Hart

The harm that comes to souls from the lack of reading holy books makes me shudder... What power spiritual reading has to lead to a change of course, and to make even worldly people enter into the way of perfection.
Saint Padre Pio

Conversion is a continuous adventure.

OLG Quote Dogs!

Where most men work for degrees after their names, we work for one before our names: Saint.
Mother Angelica

The best saints usually went through the worst things which in turn helped make them the best saints.

I'm not here to win friends and influence people. I'm here to do God's Will.
Mother Angelica

The saints love a good fight.
Bishop Robert Barron

There's nothing more beautiful than a soul alive in Jesus Christ. As Pope Benedict XVI said, "The ultimate apologetic (that is, answers to people's questions about faith), is saints..." When we meet people who are truly alive—when we encounter saints—all our questions seem to fade. We just want what they have.
Chris Stefanick

When you give your life to Christ you're in for the ride of your life.
Bishop Robert Barron

Step 1. Write a list of reasons you just can't become a saint.
Step 2. Tear it up. God doesn't believe in your list. He believes in you.
Mark Hart

Many people inherited their Christian faith. But at some point they have to make it their own.

The only difference between the saints and us is that they took action.
Father Mike Schmitz

The biggest lie we tell ourselves: "Holiness is for someone else".
Matthew Kelley

A holy person is not whoever does the greatest thing. A holy person is whoever does the task right before him or her out of love.
Father Kevin Finnegan

The decision you make today could lead to your martyrdom 40 years from now. The decision you make today may determine where your grandchildren spend forever. The weight and the gravity of the human will to say yes or no for Christ is upon you.
Jason Evert

Much of being a Christian is continually deciding to be one.
John F. Boyle

If you do this one thing you will become a saint. If you don't do it, you never will. The one thing is this: Let Jesus interrupt your life.
Father Mike Schmitz

3. Catholic Social Teaching

The answer to a crisis pregnancy is to eliminate the crisis, not the child.
Jeanie W. French

OLG Quote Dogs!

These days it is fashionable to talk about the poor. Unfortunately, it is not fashionable to talk to them.
Blessed Mother Teresa

We who have a voice must speak for the voiceless.
Archbishop Óscar Romero

If a picture is worth a thousand words then what would an ultrasound be worth? The answer: A human life.

Give a man a fish and he'll have food for a day. Teach him how to fish and he'll have food for a lifetime.

The bread which you do not eat is the bread of the hungry; the garment hanging in your wardrobe is the garment of him who is naked; the shoes that you do not wear are the shoes of the one who is barefoot; the money that you keep locked away is the money of the poor; and the acts of charity that you do not perform are so many injustices that you commit.
Saint Basil the Great

I have 3 things I'd like to say today. First, while you were sleeping last night, 30,000 kids died of starvation or diseases related to malnutrition. Second, most of you don't give a s***. What's worse is that you're more upset with the fact that I said s*** than the fact that 30,000 kids died last night.
Tony Campolo

If you can't feed 100 people, then feed just one.
Blessed Mother Teresa

Every person is Jesus in disguise.
Blessed Mother Teresa

The more you have, the more you are occupied, the less you give. But the less you have the freer you are. Poverty for us is a freedom. It is not a mortification, a penance. It is joyful freedom. There is no television here, no this, no that. But we are perfectly happy.
Blessed Mother Teresa

If a thief steals your socks, you should run after him and give him your shoes.

To say there are too many children in the world is like saying there are too many beautiful flowers.
Blessed Mother Teresa

If photos of abortion are too upsetting to look at, then abortion itself should be too upsetting to tolerate.

Give something, however small, to one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could.
Saint Gregory of Nazianzus

What is taking place in America is a war against the child. And if we can accept that a mother can kill her own child, how can we tell other people not to kill one another?
Blessed Mother Teresa

New survey: 100% of pro-choice Americans have already been born.

When a poor person dies of hunger, it has not happened because God did not take care of him or her. It has happened because neither you nor I wanted to give that person what he or she needed.

Blessed Mother Teresa

Sometimes I want to ask God why He allows poverty, famine, and injustice in the world when He could do something about it, but I'm afraid He might just ask me the same question.

There will be over 3,500 killed in the USA today from abortion. No flags lowered. No presidents crying. No media hyperventilating. Normal day.

Matt Drudge

Someone else is happy with less than what you have.

The purpose of all war is peace.

Saint Augustine

God gives us health so that we may serve the sick.

Blessed Pier Giorgio Frassati

The true soldier fights not because he hates what is in front of him, but because he loves what is behind him.

G.K. Chesterton

What's the number one thing to remember about your money? Answer: God knows everything.

The whole world is one neighborhood.

Franklin Delano Roosevelt

Why do we kill people who kill people to show them that killing people is wrong?

WWJB (Who Would Jesus Bomb?)

Bumper sticker

Call it what you like, but the death penalty is nothing more than organized murder.

I have seen war. I have seen war on land and sea. I have seen blood running from the wounded. I have seen the dead in the mud. I have seen cities destroyed. I have seen children starving. I have seen the agony of mothers and wives. I hate war.

Franklin Delano Roosevelt

Any country that accepts abortion is the poorest of the poor.

Blessed Mother Teresa

Cars are necessary, but take a more humble one. Think of how many children die of hunger and dedicate the savings to them.

Pope Francis

Some will not look on suffering because it creates responsibility.

Archbishop Fulton Sheen

If abortion isn't wrong, then nothing is wrong.

Blessed Mother Teresa

If a single living cell were found on a distant planet, scientists would enthusiastically exclaim that we had found life elsewhere in the universe. Why, then, is a single living cell living in the womb of a mother not considered life?

An eye for an eye and the whole world goes blind.
Mahatma Gandhi

Americans are the nicest, most generous, and sentimental people on earth. Yet Americans have killed more unborn children than any nation in history.
Walker Percy

Various Abortion-Related Bumper Stickers:

1. Thank God your mom was pro-life
2. PRO-LIFE: The radical idea that babies are people
3. Isn't it rather hypocritical to favor abortion when you've already been born?
4. Abortion: The Ultimate Child Abuse
5. I'm against abortion because I'm a former "fetus"
6. If it's not a baby, then you're not pregnant!
7. Abortion? The Supreme Court also legalized slavery
8. Pro-Woman. Pro-Child. Pro-Life.
9. 3,000 soldiers have died in Iraq since 2003. 4,000 babies have died in America since yesterday.
10. Blacks didn't choose slavery. Jews didn't choose genocide. Babies don't choose abortion.
11. It's pretty easy being pro-choice when you're not the one actually being chosen.
12. Life: It's a gift, not a choice.
13. Abortion: the greatest civil rights issue of our time.
14. Your silence is required for the killing to continue.
15. Smile! Your mom chose life.
16. Careful: Former fetus driving.
17. What if Mary and Joseph were pro-choice?
18. It's pretty easy to be pro-choice when you're not the one actually being chosen

How to tell a Republican from a Democrat...

Democrat: Someone who thinks abortion is a good and necessary thing.

Republican: Someone who doesn't care about abortion but has been told that saying you're against it gets you votes.

When Mother Teresa was asked, "How are you going to rescue a billion children who are dying of hunger?" she responded, "One at a time".

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.

United States Declaration of Independence

If everyone would take only according to his needs and would leave the surplus to the needy, no one would be rich, no one would be poor, and no one in misery.

Saint Basil the Great

Please don't kill the child. I want the child. Please give me the child. I am willing to accept any child who would be aborted, and then give that child to a married couple who will love the child and in turn be loved by the child.

Blessed Mother Teresa

If there are poor on the moon, we will go there too.

Blessed Mother Teresa

As terrible as the bombing of Pearl Harbor was in December of 1941, America, in peacetime, kills more children in their mother's wombs every day.

OLG Quote Dogs!

Robert Royal

We cannot sleep peacefully while babies are dying of hunger and the elderly are without medical assistance.

Pope Francis

Indifference towards those in need is not acceptable for a Christian.

Pope Francis

MLK Jr. didn't march on DC as a secular idealist, but a preacher. Separation of Church and State doesn't mean you check your faith at the door.

Chris Stefanick

1 in 6 people do not have access to clean water. 5 in 6 people can help.

From the band Switchfoot

One unplanned pregnancy saved us all.

I recommend that the Statue of Liberty be supplemented by a Statue of Responsibility on the west coast.

Viktor Frankl

You call me anti-abortion like that's a bad thing.

Twitter: *@ClassyCatholic*

Never measure your generosity by what you give, but rather by what you have left.

Archbishop Fulton Sheen

Why do we tell pregnant women not to hurt their baby by drinking alcohol while completely ignoring the topic of abortion?

Look at the face of the other... Discover that he has a soul, a history and a life, that he is a person and that God loves this person.

In war, there are no unwounded soldiers.

José Narosky

The poor want justice. The rich want mercy.

The Church needs more people willing to wash feet, not just point out they're dirty or complain that they smell.

Mark Hart

A homeless man standing at the off-ramp: the question in these moments isn't whether Jesus is in Him, but in me.

Mark Hart

A person's a person no matter how small.

Dr. Seuss

Dang we're good at raising awareness for issues on social media. Dang we're bad about actually doing something productive about it.

Twitter: *@JP2_TOB*

Catholics are not single-issue voters - But not all issues are equal.

Jason Adkins

We can't help everyone, but everyone can help someone.

If you want to know what a man's like, take a good look at how he treats his inferiors, not his equals.
Sirius Black, from the Harry Potter series

I don't know from one election to the next who is going to be in the oval office, but I always know who is on the throne.

Ernie Johnson

People are important. That includes your friends, your parents, your annoying siblings, etc.
Fr. Mike Schmitz

Some people are so poor; all they have is money.

4. Christ and The Church

The blood of the martyrs is the seed of the Church.
Tertullian

There are not 100 people in America who hate the Catholic Church. There are millions of people who hate what they wrongly believe to be the Catholic Church — which is, of course, quite a different thing.

Archbishop Fulton Sheen

Jesus promised his disciples three things: That they would be completely fearless, absurdly happy, and in constant trouble.

I don't worship Buddha because, unlike Jesus, he's dead.

Protestants do not very often disagree with what Catholics believe, but they do very often disagree with what they think Catholics believe.

Father Dwight Longenecker

The problem with Catholics today is nobody is trying to kill us.

The resurrection of Jesus was like a boulder crashing into the pool of history.

Karl Barth

Life is a maybe. Death is for sure. Sin is the cause. Christ is the cure.

One of the easiest places to hide from God is at church.

Father Bob Schwartz

The difficulty explaining why I am Catholic is that there are 10,000 reasons all amounting to one reason: that Catholicism is true.

G.K. Chesterton

Not everyone can be a theologian, but everyone should know some theology.

Carl Olson

OLG Quote Dogs!

Our Lord's body became a bait for death so that the dragon, hoping to swallow him, might vomit up those also whom he had swallowed.

Saint Cyril of Jerusalem

Never be afraid of loving the Blessed Virgin too much. You can never love her more than Jesus did.

Saint Maximilian Kolbe

All Christians should be athletes for Christ.

Saint John Paul the Great

The Jesus who makes everything okay for everyone is a phantom, a dream, not a real figure...

Pope Benedict XVI

You start reading C.S. Lewis, then you're reading G.K. Chesterton, then you're a Catholic.

Ross Douthat

How sad it is when someone comes to you looking for Jesus and all they see is you.

Blessed Mother Teresa

We're Catholics before we're Democrats. We're Catholics before we're Republicans. We're even Catholics before we're Americans, because we know that God has a demand on us prior to any government demand on us. And this has been the story of the martyrs through the centuries.

Archbishop Charles Chaput

Don't judge the Catholic faith by those who don't practice it.

All Jesus wants for Christmas is a place in your heart. And you're the only one who can give it to Him.

There is a big difference between a church saying, "We welcome all persons" and "We welcome all behavior".

Father Thomas Williams

Imagine if we put your family's issues on the front page of the paper. Every family has issues. The Church is a big family.

Matthew Kelly

Easter is an earthquake, an explosion. If you see it as less than that, you're not getting it.

Father Robert Barron

Jesus didn't come to save y'all. He came to save YOU.

Father Mike Schmitz

Take the crucifixion personally.

Father Mike Schmitz

Jesus is with me. I have nothing to fear.

Blessed Pier Giorgio Frassati

For many people, the big feast of the year is Christmas, but for Christians, the truly great feast is Easter. Without Easter, without the Resurrection, we would not have the gift of salvation. Jesus had to rise from the dead or else he would have just been another failed Messiah and his birth would be a forgotten footnote of history.

Father Robert Barron

OLG Quote Dogs!

In her voyage across the ocean of this world, the Church is like a great ship being pounded by the waves of life's different stresses. Our duty is not to abandon ship but to keep her on her course.
Saint Boniface

Christ is the lesson as well as the teacher.

When we ask, "Can I disagree with the teachings of the Church and still be Catholic?" what we're really asking is, "Can I not be Catholic and still be Catholic?"
Eric Johnson

Christmas is about the gift that you've already been given.

I don't think we'll understand Advent correctly until we see it as a preparation for a revolution.
Father Robert Barron

Have you ever stopped to think that Christianity is the only religion in which the first step is to say, "I'm wrong?"
Father Dwight Longenecker

If Jesus didn't rise from the dead, an even greater miracle happened: 12 relatively uneducated guys changed the world and were martyred to protect a lie.
Mark Hart

Life without Christ is crisis.
Father Paul Attah-Nsiah

You are loved more than you will ever know by someone who died to know you.

Whatever you wish you had today, Jesus is better.
Ennie Hickman

If anyone claims to have met Christ without being changed, he has not met Him at all.
Peter Kreeft

The miracle of Good Friday is that there was no miracle. Legions of angels stood – with swords sheathed – watching as the Son took our place.
Mark Hart

What did we do the moment our all-powerful God made Himself vulnerable? We killed Him.
Father Mike Schmitz

Jesus didn't come to make us *feel* good. He came to help us *be* good.

Enemy-occupied territory – that is what this world is. Christianity is the story of how the rightful king has landed, you might say landed in disguise, and is calling us all to take part in a great campaign of sabotage.
C.S. Lewis

The real Jesus is not a teddy bear. He's a grizzly bear.
Father Mike Schmitz

Why do Catholics put Jesus on the cross instead of leaving it empty? Because it was Jesus, not the cross, who saved us.
Twitter: @makeadefense

OLG Quote Dogs!

It's sad how many Christians no longer use crucifixes. What a beautiful reminder of how much we're worth in His eyes.

Twitter: @Saints4theWeek

Jesus + Nothing = Everything

The Church has one foot in Heaven and one foot on earth. She is made up of both sinner and saint. She is pure and in need of purification. She brings God to man and brings man to God.

From Day 27 of the 40 Day Spiritual Workout app

I like that the Catholic Church is too conservative for many liberals and too liberal for many conservatives.

Trent Horn

It wasn't the nails that held Jesus to the cross, but His love.

Fr. Mike Schmitz

Christianity, if false, is of no importance, and if true, of infinite importance. The only thing it cannot be is moderately important.

C.S. Lewis

Jesus was either God or he had the biggest ego in human history.

Chris Stefanick

If the Christianity you're practicing never makes you feel uncomfortable, it's probably not actually Christianity.

Simcha Fisher

I have no problem with Justin Bieber. I just wish girls loved Jesus as much as they loved him.

Q: Why did Jesus give all 12 pints of his blood when only one drop would have been sufficient to redeem the world?

A: Because he had 12 pints to give.

5. God and Humanity

If you want joy, live with J.O.Y. (Jesus 1st, Others 2nd, You 3rd)

Do your best and let God take care of the rest.

Father Bob Schwartz

When God seems to be millions of miles away, we have to ask ourselves one question: Who moved?

Father John Klockeman

I am the king's good servant, but God's first.

Saint Thomas More

If God had a wallet, your picture would be in it.

If God had a refrigerator, your picture would be on it.

Things look different when history is seen as His-story.

Peter Kreeft

OLG Quote Dogs!

I know God will not give me anything I can't handle. I just wish that He didn't trust me so much.

There is nothing we can do to make God love us more. There is nothing we can do to make God love us less.

Philip Yancey

God spreads grace the way a five-year-old spreads peanut butter... He gets it all over everything.

Donna Schaper

God loves us just the way we are but He loves us too much to leave us that way.

Max Lucado

The I'm 3rd Principle: God 1st, Others 2nd, Me 3rd

Faith doesn't get you *out* of trouble, it gets you *through* it.

We're the emcees of the God-show.

Carey Weise

We're all in the same boat, and we're all seasick.

G.K. Chesterton

Life works better with the Lord at the center.

God puts different people in your life in different seasons and for different reasons.

To worship a crocodile is better to worship yourself.

Peter Kreeft

God is the only doctor that will never send you a bill.

The surest sign that God is alive in you is joy.

Father Robert Barron

You can usually tell what a person worships by what's on their walls.

If God brings you to it, He can bring you through it.

Whatever you do, think of the Glory of God as your main goal.

Saint John Bosco

Let go and let God!

There are only two kinds of people in the end: Those who say to God, "Thy will be done" and those to whom God says, in the end, "Thy will be done".

C.S. Lewis

The world wants things fixed in a microwavable minute, but God uses a crockpot.

Father Leo Patalinghug

God can do a lot with a little.

If you want to make God laugh, tell him your plans.

OLG Quote Dogs!

Adolf Hitler is simply the dark-side of Mother Teresa.
Greg Boyd

Show God how much you love Him by showing your love to others.
Mary Jo Copeland

You have made us for Yourself, O Lord, and our hearts will remain restless until they rest in You.
Saint Augustine

There is a hole in your soul, and only God can fill it.

Trying to fill the God-sized hole in our hearts with things other than God is like trying to fill the Grand Canyon with marbles.
Peter Kreeft

No God, no peace. Know God, know peace.

If God is your co-pilot, switch seats!

Every time you tell Jesus, "I love you" you're actually saying, "I love you, too" because He's always the first one to say it.
Father Mike Schmitz

God literally thinks we're to die for.

When He was on the cross you were on His mind.

Every child is a unique and unrepeatably gift of God.
Saint John Paul the Great

Each of us is an innkeeper who decides if there is room for Jesus.
Neal A. Maxwell

Why live for the approval of men when you can have the approval of their Creator? What can they give you that God can't?
Lecrae

I don't know what my future holds, but I know who holds my future.
Tim Tebow

God is king of the entire universe, except for possibly one little corner of it: Your heart.
Father Mike Schmitz

Remember: Jesus loves all the people you hate.

We use duct tape to fix everything. God used nails.

He who kneels before God can stand before anyone.

Don't just give God your best. Give Him your worst.
Father Mike Schmitz

God's love is bigger than your "But..."
Chris Stefanick

OLG Quote Dogs!

To be right with God has often meant to be in trouble with men.

I have been all things unholy; if God can work through me, He can work through anyone.
Saint Francis of Assisi

The ego-drama is nothing compared with the theo-drama. The fun begins when we let God write our stories.
Father Robert Barron

We may ignore, but we can nowhere evade, the presence of God. The world is crowded with Him. He walks everywhere incognito.
C.S. Lewis

God didn't only think you were worth dying for way back when, but also right now.
Father Mike Schmitz

If you're motivated by the Holy Spirit to say, "Something needs to be done", than you've likely been appointed the person to do it.
Father Stephen Grunow

Consider God's love for you. Now double it. Now multiply that by 900 trillion. You're still not even close.
Mark Hart

Everyone is searching for God because everyone is searching for happiness.
Father John Riccardo

John Paul II said you are "unique and unrepeatable". That means everything you do can be unique and unrepeatable.
Leah Darrow

Not only does God love you, but He likes you, too!

If man is no more than matter, he doesn't really "matter."
Chris Stefanick

Two-thirds of God's name is GO.
Chris Stefanick

You are God's "The One".
Father Mike Schmitz

Because nothing is greater and we have no greater need, God gives God.
Ann Voskamp

The worst is when you're in the middle of an epic story and you don't even realize it.
Father Mike Schmitz

God doesn't desire our worship because He is egocentric. He desires it because we are.
Mark Hart

Let nothing disturb you. Let nothing frighten you. All things are passing away; God never changes. Patience obtains all things. Whoever has God lacks nothing; God alone suffices.
Saint Teresa of Ávila

OLG Quote Dogs!

Can an ocean love? Can a mountain know? Can a galaxy choose to change directions? No. But you can. And you'll still be around long after the world has passed away.

Chris Stefanick

We are exceptionally good at seeing the faults in others and exceptionally adept at ignoring the faults in ourselves.

Father Robert Barron

The secret to finding happiness in every circumstance is to remember that God is present in every circumstance.

Father Mike Schmitz

No God, no happiness. Know God, know happiness.

What you are is God's gift to you, what you become is your gift to God.

Hans Urs von Balthasar

God has a plan for you today: one designed to help get you to Heaven.

Mark Hart

Don't tell God how big your problem is. Tell your problem how big God is.

Sometimes God wrecks your plans when He sees that your plans are about to wreck you.

God loves you and there's nothing you can do about it!

Patrick Coffin

A rib... loaves and fish... some spit... God can do a lot with a little.

Mark Hart

The man who built the manger had a purpose in mind... God had another. You'll never know how far reaching God's plan is for your work.

Mark Hart

God is holding you in His heart, right at this very moment. It's a fact that can make you feel so small yet so big at the same time.

Mark Hart

If you do not worship God, you worship something, and nine times out of ten it will be yourself.

Archbishop Fulton Sheen

God's grace and mercy are bigger than the biggest challenge we may face today and the worst decision we might make today.

Father Jonathan Morris

In order to understand *who* we are we have to understand *whose* we are.

Ennie Hickman

Look around and be amazed: Never before and never again will there be another you.

From You: Life, Love, and The Theology of the Body by Ascension Press

God loves you more than what you love most.

The only one who can fill your heart is the one who made it.

6. Goodness, Truth, and Beauty

The truth does not change according to our ability to stomach it.

Flannery O'Connor

It is because we are standing on our heads that Christ's philosophy seems upside-down.

G.K. Chesterton

Truth: You can throw dirt on it, but it'll still exist.

I wish to create a church so beautiful that it would move even the hardest heart to prayer.

The unknown architect of Glastonbury Abbey

The truth is not always the same as the majority decision.

Saint John Paul the Great

The greatest kindness one can render to any man is leading him to truth.

Saint Augustine

The great medieval cathedrals are Bibles of stone.

Truth does not change; it is only forgotten from one generation to the next.

The truth is the truth even if no one believes it, and a lie is a lie even if everyone believes it.

Archbishop Fulton Sheen

Anyone who seeks truth seeks God, whether or not he realizes it.

Edith Stein, also known as Saint Teresa Benedicta of the Cross

Theology is simply that part of religion that requires brains.

G.K. Chesterton

Merely having an open mind is nothing; the object of opening the mind, as of opening the mouth, is to shut it again on something solid.

G.K. Chesterton

Truth has no expiration date.

People often claim to hunger for truth, but seldom like the taste when it's served up.

George R.R. Martin

What is right is more important than who is right.

Coach John Wooden

Truth sounds like hate to those who hate truth.

It is better to hurt someone with the truth than to comfort him or her with a lie.

Crystalina Evert

Even if they are demanding answers, the young are not afraid of them; more to the point, they even await them.

Saint John Paul the Great

OLG Quote Dogs!

Begin with the beautiful, which leads you to the good, which leads you to the truth.
Father Robert Barron

The world is God's cathedral.

In contemporary America, most people are not moved by claims of truth or goodness. Relativism has made truth to be whatever you want, thereby turning the good into whatever makes you feel good. So how can you engage the average nonbeliever? How can you place him on the road that would lead him back to the Truth and the Good? Show him beauty.

Father John Cihak

I did once say that to me art and the saints are the greatest apologetics for our faith.
Pope Benedict XVI

God didn't give Adam and Eve the right to decide what was good and evil. He gave them the right to choose between good and evil.

Mark Hart

Speaking truth will rarely earn you friends, but it will reveal who your true friends are and who are true friends of Christ.

Mark Hart

It's your obligation to speak the truth, and everyone can either take it or leave it. But truth must be in us. We live in such a poverty of truth today.

Mother Angelica

Everything we see in a Catholic church is there for a single purpose: to tell a love story.

Cardinal Donald Wuerl and Mike Aquilina

Learning a little philosophy will lead you away from God, but learning a lot of philosophy will lead you back.

I hate dumbed-down Catholicism.

Bishop Robert Barron

7. Living and Preaching the Gospel

There's someone at your school right now who is begging for someone to acknowledge them. YOU were created to acknowledge them.

Michael Hoffman

You love Jesus only as much as the person you love the least.

Be a moon: Reflect the Son.

Paul Colman Trio

Going to church doesn't make you a Christian anymore than going to a garage makes you a car.

Bridget Willard

Preach the Gospel at all times, and if necessary, use words.

Preach the Gospel at all times, and for the love of God, use words!

Emily Stimpson

I like their Christ, but I don't like their Christians.
Mahatma Gandhi

You might be the only Bible someone ever reads.

You are a billboard for Christ.
Father Mike Schmitz

The Christian should be an alleluia from head to foot.
Saint Augustine

The only good case against Christianity is Christians.

Joy is the net of love by which you can catch souls.
Blessed Mother Teresa

People don't care how much you know until they know how much you care.

If you were put on trial for being a Christian, would there be enough evidence to convict you?

Live in such a way so that those who know you but don't know God will come to know God because they know you.

If I'm not willing to change my schedule so that I can spend time with Jesus than I'm not really a disciple of His.
Father Mike Schmitz

If you follow Jesus, you're going to get into some trouble.
Father Mike Schmitz

Practice what you preach.

Preach what you practice.

Many, many people hereabouts are not becoming Christians for one reason only: there is nobody to make them Christians.
Saint Francis de Xavier

A disciple of Jesus is a decision maker.
Father Mike Schmitz

Bring the excitement of Jesus' friendship to the world, wherever you find yourselves: at work, at school, on WhatsApp, Facebook or Twitter. When you go out dancing, or for a drink, when you meet in the town square or play a little match on the neighborhood field. That is where Jesus' friends can be found. Not by conning others, but by standing beside them and being patient with them. With the patience which comes from knowing that we are happy, because we have a Father who is in heaven.
Pope Francis

If not you, then who? If not now, then when?
Father Mike Schmitz

The difference between who you are and who you want to be is what you do.

Jesus promises two things for those who follow Him: 1. Trouble 2. Victory

Father John Parks

You will learn more about Catholicism when you live out Catholicism.

Saints make saints.

A man who wants to lead the orchestra must turn his back on the crowd.

James Crook

It is not that I want merely to be called a Christian, but to actually be one. Yes, if I prove to be one, then I can have the name.

Saint Ignatius of Antioch

We cannot keep ourselves shut up in parishes, in our communities, when so many people are waiting for the Gospel!

Pope Francis

We cannot be Christians part-time. If Christ is at the center of our lives, He is present in all that we do.

Pope Francis

An evangelizer must never look like someone who has just come back from a funeral.

Pope Francis

If we wish to follow Christ closely, we cannot choose an easy, quiet life. It will be a demanding life, but full of joy.

Pope Francis

Christians have no business moping around.

Father Robert Barron

The holidays often bring challenging conversations and situations. Sometimes holiness demands that we speak, other times it invites us to be silent. In all circumstances, though, we are called to love.

Mark Hart

If you do not live out your faith enthusiastically, maybe you don't have any faith.

Archbishop Fulton Sheen

I've never desired to be king, but I sure as hell have always wanted to defend one.

Jared Zimmerer

"Thy Kingdom come" means "My Kingdom go."

Mark Hart

You can't do God's will and satisfy everyone.

Mark Hart

Do not waste time bothering whether you "love" your neighbor; act as if you did. As soon as we do this we find one of the great secrets. When you are behaving as if you loved someone you will presently come to love him.

C.S. Lewis

Mature Christians do not have a split personality; they do not lead a double life. We should not hang our faith at the door like a hat when we walk into the office. My wife would be understandably hurt if

OLG Quote Dogs!

I took off my wedding ring when entering a bar. Just so with our faith: it is a full-time, integral part of our identity, informing everything we do.

Aaron Kheriaty

We celebrate our intelligence, possessions, looks, talent, and achievements. Heaven celebrates how we used all of it.

Lecrae

Be sure that you first preach by the way you live. If you do not, people will notice that you say one thing, but live otherwise, and your words will bring only cynical laughter and a derisive shake of the head.

Saint Charles Borromeo

Live like someone died for you.

Lecrae

We are all evangelists, but we almost always evangelize about the wrong things.

Matthew Kelly

Speaking the truth with love will not always change minds and hearts. Sometimes all you can do is plant a pebble in someone else's shoe.

If you want to live as a Christian, get comfortable with being uncomfortable.

Mark Hart

Oh, how thunderous the applause must be in Heaven, all those times we are mocked on earth for the sake of His name.

Mark Hart

Authentic Christianity is a roller-coaster ride, not a merry-go-round.

Mark Hart

Your faith is measured by how well you love those who can't stand you.

Mark Hart

Preaching Christ's truth always bears fruit. Of course, some people will probably end up wanting to throw that fruit at you...

Mark Hart

Don't make Christ ride shotgun.

Mark Hart

Enthusiasm is contagious – so is a lack of it. Joyless Christians are a greater assault on the gospel than atheism.

Mark Hart

There are 2 main things I've learned about following the Holy Spirit: It will never be easy. It will never be boring.

Mark Hart

Simply believing in the existence of God is not exactly what I would call a commitment. After all, even the devil believes that God exists. Believing has to change the way we live.

Mother Angelica

OLG Quote Dogs!

A fish that is alive swims against the flow of water. One that is dead floats down with the water. A true Christian goes against the current of a sinful age. A false one is swept away by its swiftnees.
Saint Philaret of Moscow

The bully needs as much love as the victim.

So you're a Christian? If your Twitter feed was pulled up in Church so everyone could see all your tweets, would you get uncomfortable?
Jeremy Vlasin

Friday and Saturday nights have a funny way of revealing what we really believe on Sunday mornings.
Mark Hart

When Paul preached, there were riots; when I preach, they serve me tea.
An Anglican bishop (as told by NT Wright)

A good example is the best sermon.

We are not responsible for making each other happy; only to love each other.
Fr. John Paul Leyba

If you find it easy to be a Christian, you probably aren't one.
Matt Walsh

In middle school, people thought I would play baseball for the rest of my life. In high school, people thought I would be in detention for the rest of my life. In undergrad, no one had any clue what I would do for the rest of my life. Then I fell in love with Jesus and now I will try and make Him famous for the rest of my life.
Stephen Estes

Withholding the truth of Christianity would be even more uncharitable than withholding a cure for cancer.

8. Love, Life, and Virtue

The journey from head to heart is the longest journey you will ever take.
Mark Hart

If worry is good for anything, it's good for one thing: What we worry about reveals where our heart is.
Father Mike Schmitz

Let no one ever come to you without leaving better and happier.
Blessed Mother Teresa

Hate the sin. Love the sinner.

Practice love.

The six things in life that never get boring are knowing and loving God, your neighbor, and yourself.
Peter Kreeft

OLG Quote Dogs!

The world is a book, and those who do not travel read only a page.
Saint Augustine

There is a terrible hunger for love. We all experience that in our lives - the pain, the loneliness. We must have the courage to recognize it. The poor you may have right in your own family. Find them. Love them.
Blessed Mother Teresa

Be the change you wish to see in the world.
Mahatma Gandhi

You can't go back and change the beginning, but you can start where you are and change the ending.
C.S. Lewis

This is the first day of the rest of your life.
Matt Maher, from the song "Hold Us Together"

Yesterday is history. Tomorrow is mystery. Today is a gift. Perhaps that is why it is called the present.

Life moves pretty fast. If you don't stop and look around once and a while, you could miss it.
Ferris Bueller, from the movie Ferris Bueller's Day Off

I tried being normal, but it got boring, so I went back to being myself.

First we make our habits, then our habits make us.
Charles C. Noble

It is in giving that we receive.
Saint Francis of Assisi

Don't look down on anyone unless you are helping them up.

How wonderful it is that nobody need wait a single moment before starting to improve the world.
Anne Frank

Do not wait for leaders.
Blessed Mother Teresa

With fame I become more and more stupid, which of course is a very common phenomenon.
Albert Einstein

If you don't know where you're going, you'll probably end up somewhere else.
David P. Campbell

I guess it comes down to a simple choice, really. Get busy livin' or get busy dyin'.
Andy, from the movie The Shawshank Redemption

Every journey towards something is a journey away from something.
Matthew Kelly

Worrying is like a rocking chair. It will give you something to do, but it won't get you anywhere.

Failure to prepare is preparing to fail.
Coach John Wooden

OLG Quote Dogs!

Sometimes the smallest things take up the most room in our hearts.

A.A. Milne

Not all of us can do great things. But we can do small things with great love.

Blessed Mother Teresa

Talking about our problems is our greatest addiction. Break the habit. Talk about your joys.

Rita Schiano

From the movie *It's a Wonderful Life...*

Angel in Heaven: "A man [George Bailey] down on earth needs our help."

Clarence: "Splendid! Is he sick?"

Angle in Heaven: "No, worse. He's discouraged."

Life with Christ is a wonderful adventure.

Saint John Paul the Great

The most powerful thing you can do on earth is the will of God.

Crystalina Evert

The reason God gives us gifts is so we can give them away.

Father Sean McGraw

Jesus isn't so much concerned with where you've been but with where you're going.

If you're going to be a follower, find a good leader.

You were born an original, don't die a copy.

Watch your thoughts, for they become words. Watch your words, for they become actions. Watch your actions, for they become habits. Watch your habits, for they become character. Watch your character, for it becomes your destiny.

Talk about your blessings more than you talk about your burdens.

Tim Tebow

The greatest gift you can give someone is your time. Because when you give your time, you are giving a portion of your life that you will never get back.

If you are beautiful on the inside, you will shine on the outside!

Mary was not full of grace because she was beautiful; she was beautiful because she was full of grace.

Archbishop Fulton Sheen

When you die you don't want people to just say, "He was a good guy" or "She was a nice girl". You want them to say, "WHOA. That was intense!"

Father Mike Schmitz

I'm too blessed to be stressed, too anointed to be disappointed, and if hope were money, I'd be a millionaire.

Jesse Romero

Good people make bad people uncomfortable.

Daniel Flynn

OLG Quote Dogs!

Nobody can do everything, but everybody can do something.

The secret of getting ahead is getting started.
Sally Berger

A person is never so empty as when he is full of self.

Be the kind of woman who, when you hit the floor in the morning the devil says, "Oh no, she's up".

Be the kind of man who, when you hit the floor in the morning the devil says, "Oh no, he's up".

The whole point of life is to learn to be a gift.
Father Mike Schmitz

The best way to prepare for death is to spend every day of life as though it were the last.
Saint Philip Neri

To try is to risk failure. Not to try is to guarantee it.
Patrick Coffin

Words are, in my not so humble opinion, our most inexhaustible source of magic, capable of both inflicting injury and remedying it.
Dumbledore, from the Harry Potter series

Get off social media and be social.
Dave Rinaldi

Today people are suffering from poverty, but also from lack of love.
Pope Francis

Write your plans in pencil, then give God the eraser.

I don't have time is the grownup version of "My dog ate my homework."

A word or a smile is often enough to put fresh life in a despondent soul.
Saint Thérèse of Lisieux

You miss 100% of the shots you don't take.
Wayne Gretzky

You can usually tell by the look on someone's face if they woke up counting their problems or their blessings.
Mark Hart

You can't have more than one most important thing in your life. So here's the question: What is your one most important thing?
Father Mike Schmitz

Somebody should tell us, right at the start of our lives, that we are dying. Then we might live life to the limit, every minute of every day. Do it! I say. Whatever you want to do, do it now! There are only so many tomorrows.
Blessed Pope Paul VI

Life's too short not to tell the people you love how you feel. Say it... and say it often. Oh, and start with God.

OLG Quote Dogs!

Mark Hart

Dead Last Finish is greater than Did Not Finish, which trumps Did Not Start.

The three most important virtues are humility, humility, and humility.
Saint Bernard of Clairvaux

Never complain about growing old... Some never have the privilege.
Mark Hart

“Love one another”: No command is simpler; no command more difficult.
Mark Hart

The truest friends are usually the ones telling you what you don't want to hear.
Mark Hart

As I get older I've come to realize that the best way to “get even” with someone is to forgive – and then forget.
Mark Hart

Stress will either drive you crazy or drive you to your knees. It depends on who is in control of your life.
Mark Hart

It's easier not to love. Beware of the easy path this day.
Mark Hart

Time is the most valuable commodity we have, worth more than gold, yet wasted more than all else. Efficient use of time begins with prayer.
Mark Hart

If today were your final day of this life, would those things causing you stress still do so?
Mark Hart

The amount of “followers” you have does not make you better than anyone else. Hitler had millions. Jesus had twelve.

How does a kid spell love? T – I – M – E.

Only an act of love can thaw a frozen heart.
Olaf, from the movie Frozen

The only person I can change is the one in the mirror.
Russell Wilson

Coolness, like fashion, is a slippery thing. As soon as you think you've caught up to it, you're usually already a mile behind.

Love is not a sentiment or feeling. Love is actively willing the good of the other.
Father Robert Barron

We shall never know all the good that a simple smile can do.
Blessed Mother Teresa

Do what's put in front of you each day and God will take care of the rest.

OLG Quote Dogs!

Sheila Liaugminas

What would you want someone to say about you at your funeral? Be that person today.
Father John Parks

Do it today or later you'll pay.
From Hermione's homework planner in the Harry Potter series

Luck has the smell of perspiration.
Mark Schlereth

The best way to predict the future is to create it.
Abraham Lincoln

If more of us valued food and cheer and song above hoarded gold, it would be a merrier world.
Thorin Oakenshield, from The Hobbit

No man knows how bad he is till he has tried very hard to be good.
C.S. Lewis

It was pride that changed angels into devils; it is humility that makes men as angels.
St. Augustine

Age of body does not determine age of soul.
St. Thomas Aquinas

The Law of the Gift: The more you give yourself away the more you become yourself.

It matters not what someone is born, but what they grow to be.
Dumbledore, from the Harry Potter series

Long before anyone is shot by a gun, he is shot by a word, and before he is shot by a word, he is shot by a thought.
Fr. Ron Rolheiser

Real friends help their friends become saints.

Don't live in the past – learn from the past.

Don't get so busy in life that you forget to live one.

It is not always what you say that matters, but how you say it.

The most important things in life aren't things.

"Inch by inch it's a cinch." Small changes consistently made will accomplish much more than most attempts at huge leaps.

A goal without a plan is just a wish.

If you live for people's acceptance, you'll die from their rejection.
Lecrae

We should all talk like they do in Oscar acceptance speeches: Full of gratitude and realizing we don't have much time.

I always wondered why somebody doesn't do something about that. Then I realized I was somebody.
Lily Tomlin

"I'll die for you" is easy to say... "I'll live for you" is hard to do.
Band: twenty one pilots

To each man one soul only is given; to each soul only is given a little power — the power at some moments to outgrow and swallow up the stars.
G.K. Chesterton, The Napoleon of Notting Hill

9. Miscellaneous

The main thing is to keep the main thing the main thing.

If you fail to plan, you plan to fail.

A year from now you will wish you had started today.
Karen Lamb

Holding a grudge is letting someone live rent-free in your head.

A lot of people run a race to see who's the fastest. I run to see who has the most guts.
Steve Prefontaine

You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.
Dr. Seuss

Those who cannot remember the past are condemned to repeat it.
George Santayana

We don't really want presents. We want presence.

Even the smallest person can change the course of the future.
Galadriel, from The Lord of the Rings

I believe God made me for a purpose, but He also made me fast. And when I run I feel His pleasure.
Eric Liddell (1924 Olympic Gold Medalist)

The power of the waterfall is nothing more than a bunch of drips working together.
Theresa Morris

To belittle is to be little.

If there is not enough time to read the good books, there cannot be any time to waste reading the bad ones.

Lose an hour in the morning and you will be all day hunting for it.
Richard Whately

A journey of a thousand miles begins with a single step.
Laozi

OLG Quote Dogs!

The ashes mean I'm a sinner. The shape of the cross means I have a savior.
Father Mike Schmitz

I learned as a beginning writer that compliments feel good, but criticism does good.
Father Dwight Longenecker

Babies are God's greatest invention.
Melissa Miller

Honk if you love Jesus. Text while driving if you want to meet Him now.

GODISNOWHERE (Now read it again).

The best way to improve the team is to improve yourself.
Coach John Wooden

Smile! Happy looks good on you.

Social media is where people sometimes go to feel important.
Charles Barkley

Only God knows the good that can come about by reading one good Catholic book.
Saint John Bosco

Some books are to be tasted, others to be swallowed, and some few to be chewed and digested.
Francis Bacon

Our Catholic schools exist to help young people attain holiness in their lives, that is, to become saints.
Archbishop Salvatore J. Cordileone

It's one of the greatest comforts of working in ministry: the unspoken certitude that your spouse did not marry you for your money.
Mark Hart

It's pretty sad that when people see a guy buying flowers, they assume he's in trouble.
Mark Hart

The atheist barista (who's obsessed with astrology) asked me, "So what's your sign?" I responded, "The sign of the cross." I think she spit in my coffee...
Mark Hart

Haters can be great motivators.

The man who does not read good books has no advantage over the man who can't read them.
Mark Twain

Beware of bad Catholics.
Saint Augustine

My godson: "What happens when I receive the Holy Spirit?"
Me: "You become one of God's Jedi."
Him: "Ya, that's pretty much what I figured."
Mark Hart

Life was a lot more adventurous before caller I.D.
Mark Hart

AMAZING NEW FEATURE IN iOS 8:
1. Hold down button on top of phone until a red circle appears.
2. Swipe right.
3. Look up & experience life.
David Calavitta

Words are sticky.

Reality television is devoid of many things, most notably: Reality.
Mark Hart

Tweet others as you wish to be tweeted.
Mark Hart

Exercise is the most efficacious drug known to humankind, works for everyone who takes it, has no side effects, and is free.
Dr. Jordan D. Metzl

Eating junk feels good for a moment. Being in awesome shape feels great all the time.

People over pixels.
Clay Olsen

You can get an education everywhere you go.

10. Modernity

Silence used to be seen as *golden*. Today it's usually referred to as *awkward*.

When I was young I had something other than Facebook: A real life.
Chris Stefanick

If you only follow the teachings of the Church that you like and reject what you don't like, then it is not Christ and the Catholic faith that you claim to believe in, but yourself. The creed that we profess does not begin by saying, "I believe in me..."

Money can buy everything money can buy, which is just a lot of stuff.
Peter Kreeft

The first thing you think of when you wake up in the morning could be a clue to what you worship.

Because Americans cram so much into their lives, we tend to schedule our headaches.

Today we would do well by quieting down and actually thinking about and discussing important, complex issues in our society. Instead, we have the exact opposite: a lot of people thinking less and shouting more.

Patriotism is your conviction that this country is superior to all other countries simply because you were born in it.
George Bernard Shaw

The zeal of atheists is the most admirable thing about them.

Dale Ahlquist

The world offers you comfort, but you were not made for comfort, you were made for greatness.

Pope Benedict XVI

When the whole world is running headlong towards the precipice, one who walks in the opposite direction is looked at as being crazy.

T.S. Eliot

Control language and you control thought; control thought and you control action; control action and you control the world.

Peter Kreeft

Possessions possess.

The worst thing about new books is that they keep us from reading the old ones.

Coach John Wooden

Instead of loving the Trinity of God (Father, Son, and Holy Spirit), we tend to love a different trinity: Me, myself, and I.

Mark Hart

What is right is not always popular and what is popular is not always right.

Advertising has us chasing cars and clothes, working jobs we hate so we can buy stuff we don't need.

Katy Perry's attitude reminds me of what Americans believe about Hell. Most of them believe there is one and when asked who will go there the answer is, "Everyone who is a little worse than I am".

Jon Forrest

A lot of pop culture is like junk food. It tastes great, but you can't live off it.

Americans are scared to death of death.

You can tell how healthy a society is by how it treats its weakest members.

People say you are what you eat, but more accurately you are what you *consume*, especially when it comes to media (music, movies, TV shows, etc.).

Greg Iwinski

Most of what we see on TV teaches us that buying a lot of products makes us happy; that young is good and old is bad; that we should eat whatever we want but that we also need to be thin; that suffering doesn't have any meaning; that relationships never last; that most families are dysfunctional; that authority is dangerous; and that religious people are hypocritical.

Archbishop Charles Chaput

It is absurd for the Evolutionist to complain that it is unthinkable for an admittedly unthinkable God to make everything out of nothing, and then pretend that it is *more* thinkable that nothing should turn itself into everything.

G.K. Chesterton

For the most part we're too busy doing just about everything that means just about nothing to just about nobody just about anywhere and will mean even less to anyone 100 years from now.

Matthew Kelly

To be right with God has often meant to be in trouble with men.

A.W. Tozer

The things you own end up owning you.

You can find Calcutta all over the world, if you have eyes to see. Everywhere, wherever you go, you find people who are unwanted, unloved, uncared for, just rejected by the society – completely forgotten, completely left alone. That is the greatest poverty of the rich countries.

Blessed Mother Teresa

A dead thing goes with the stream, but only a living thing can go against it.

G.K. Chesterton

We have laws against polluting our rivers but not against polluting our minds.

Father Robert Barron

If you believe *Sesame Street* taught your four-year-old something, then you better believe MTV is teaching your 14-year-old something

Dr. Jane Brown

The world went and got itself in a big ol' hurry.

Brooks, from the movie The Shawshank Redemption

The probability of life originating from accident is comparable to the probability of an unabridged dictionary resulting from an explosion in a print shop.

Edwin Conklin (biologist, zoologist, and science professor at Princeton University)

Jesus embraces every person, but not every idea.

I expect to die in my bed, my successor will die in prison, and his successor will die a martyr in the public square.

Cardinal Francis George

We are given to the cult of personality; when things go badly we look to some messiah to save us. If by chance we think we have found one, it will not be long before we destroy him.

Constantine Karamanlis

The Grinch thought of something he hadn't before! "Maybe Christmas," he thought, "doesn't come from a store. Maybe Christmas... perhaps... means a little bit more!"

Dr. Seuss, from How the Grinch Stole Christmas!

We're so busy today that we don't have time to waste time anymore.

Ever seen a U-Haul behind a hearse?

Faced with problems and disappointments, many people will try to escape from their responsibility: escape in selfishness, escape in sexual pleasure, escape in drugs, escape in violence, escape in indifference and cynical attitudes. But today, I propose to you the option of love, which is the opposite of escape.

Saint John Paul the Great

I ask you, instead, to be revolutionaries, to swim against the tide; yes, I am asking you to rebel against this culture.

Pope Francis

The only thing particularly new about the "new atheism" is its nastiness.

Father Robert Barron

We do religion like we do Facebook. Every interaction is under our control.

Chris Stefanick

The truth of it is that every singer out there with songs on the radio is raising the next generation.

Taylor Swift

The most deadly poison of our times is indifference.

Saint Maximilian Kolbe

Man doesn't matter if he's nothing but matter.

Chris Stefanick

Our culture takes what is important and makes it trivial and takes what is trivial and makes it important.

The Ten Commandments are not just a list of rules, they are instructions for happiness.

From the book Theology of the Body for Teens: Middle School Edition

It's a dark culture that we live in. But you were called to glow in the dark.

Curtis Martin

If fifty million people say a foolish thing, it is still a foolish thing.

Anatole France

We can never get enough of the stuff we don't really need.

Matthew Warner

Today, the only surviving sin is believing that sin exists at all.

Matt Archbold

Don't tell me that the rebels of the world are singers and pop stars! Such people, obsessed with wealth, pleasure, fame, and power, are absolutely mainstream, run of the mill, ordinary as dirt. If you want to see real rebels, take a good hard look at the saints.

Bishop Robert Barron

We're all taught from a young age to violate the very first commandment: "You shall have no other gods before me."

Bobby Angel

I attack ideas. I don't attack people.

Antonin Scalia

TV is largely a sewer pipe.

Peter Kreeft

11. Prayer and Fasting

OLG Quote Dogs!

I strongly suspect that if we saw all the difference even the tiniest of our prayers to God make, and all the people those little prayers were destined to affect, and all the consequences of those effects down through the centuries, we would be so paralyzed with awe at the power of prayer that we would be unable to get up off our knees for the rest of our lives.

Peter Kreeft

You will never have time for prayer; you must make time.

Richard Foster

The family that prays together stays together.

Father Patrick Peyton

God answers every prayer... and sometimes He says "No" or "Wait".

Fasting allows the soul to fly.

You don't know how to pray? Put yourself in the presence of God, and as soon as you have said, "Lord, I don't know how to pray!" you can be sure you've already begun.

Saint Josemaría Escrivá

My TV is the tabernacle.

Blessed Mother Teresa

Less e-mail. More knee-mail.

Anything big enough to occupy our minds is big enough to hang a prayer on.

George MacDonald

It is better to say one Our Father fervently and devoutly than a thousand with no devotion and full of distraction.

Saint Edmund

When I pray I don't always get what I want, but I get what I need.

If you're going to pray, then don't worry. If you're going to worry, then don't pray.

Pray, hope, and don't worry.

Saint Padre Pio

When you say to God, "Our Father", He has His ear right next to your lips.

Saint André Bessette

God speaks in the silence of the heart. Listening is the beginning of prayer.

Blessed Mother Teresa

If you pray more you will pray better.

Blessed Mother Teresa

Jesus is waiting for you in the chapel. Go and find Him.

Saint Jeanne Jugan

True prayer is asking God what He wants.

William Barclay

OLG Quote Dogs!

Were you to ask what are the means of overcoming temptations, I would answer: The first means is prayer; the second is prayer; the third is prayer; and you should you ask me a thousand times, I would repeat the same.

Saint Alphonsus Liguori

When night comes, and you look back over the day and see how fragmentary everything has been, and how much you planned that has gone undone, and all the reasons you have to be embarrassed and ashamed: just take everything exactly as it is, put it in God's hands and leave it with Him. Then you will be able to rest in Him – really rest – and start the next day as a new life.

Edith Stein, also known as Saint Teresa Benedicta of the Cross

Carry the rosary with you everywhere, and it will carry you through anything.

Jason Evert

Every one of us needs a half an hour of prayer each day, except when we are busy – then we need an hour.

Saint Francis de Sales

If you only pray when you're in trouble then you're in trouble.

Have you prayed about it as much as you've talked about it?

You always leave the Rosary for later, and you end up not saying it at all because you are sleepy. If there is no other time, say it in the street without letting anybody notice it. It will, moreover, help you to have presence of God.

Saint Josemaría Escrivá

When life knocks you on your knees, you're in the perfect position to pray.

Close your eyes when praying so you will be able to see better.

Father Dwight Longenecker

Mary prays for us at the two most important moments of our lives: Now and at the hour of our death.

Father Kyle Schnippel

Novice: "How long do you pray?"

Old monk: "Two minutes. But it takes me twenty minutes to get there."

Father Dwight Longenecker

Why do we fast from good things during Advent and Lent? Because I need to realize that if I don't have these things in my life I'll still be fine.

Father Mike Schmitz

What kind of power does a man have on his knees?

A sinning man will stop praying. A praying man will stop sinning.

The only place you should put people down is on your prayer list.

I learned how to stand while on my knees.

Turn your car into a monastery.

Father Robert Barron

OLG Quote Dogs!

Seek a relationship when you pray, not answers. You won't always find answers, but you will always find Jesus.

Father Mike Schmitz

The first rule for prayer, the most important first step, is not about how to do it, but to just do it; not to perfect and complete it but to begin it. Once the car is moving, it's easy to steer it in the right direction, but it's much harder to start it up when it's stalled. And prayer is stalled in our world.

Peter Kreeft

Unfortunately, a lot of Catholics weren't taught how to pray, but how to repeat.

Father Mike Schmitz

Until you are convinced that prayer is the best use of your time, you will not find time for prayer.

Father Hilary Ottensmeyer

When I get "too busy" to pray, I envision Jesus at the Pearly Gates showing me the time I wasted looking for something to watch on Netflix.

Mark Hart

The best gift anyone can give to a friend is to pray for him.

Father Benedict Groeschel

It's impossible to lose your footing when you're on your knees.

Archbishop Fulton Sheen

When you pray to God, don't hold back. He can handle it. Are you angry? Yell to God. Are you a mess? Give it to Him. Are you confused? Tell him. He can take it. He's bigger than you.

Chris Stefanick

Our prayer cannot be reduced to an hour on Sundays. It is important to have a daily relationship with the Lord.

Pope Francis

Prayer should not treat God like a spiritual vending machine.

Trent Horn

The rosary is a weapon against depression and hopelessness.

Father Benedict Groeschel

Many of us want to know why we don't "hear" God when we pray. Few of us shut up long enough to really listen.

Mark Hart

Oh, how much holier the world would be if more people invoked their right to remain silent.

Mark Hart

The long nights that Pier Giorgio Frassati spent on his knees in front of the Blessed Sacrament had something to do with the long days spent in service of the poor.

Father Robert Barron

There is nothing the devil fears so much, or so much tries to hinder, as prayer.

Saint Philip Neri

What if you woke up today with only the things you thanked God for yesterday?

OLG Quote Dogs!

Make friends with the angels, who though invisible are always with you. Often invoke them, constantly praise them, and make good use of their help and assistance in all your temporal and spiritual affairs.

Saint Francis de Sales

Laziness in prayer is like handing the devil a key to your house.

Mark Hart

The name of Jesus is a prayer, not a swear.

Pat Millea

Note to self: If you can't hear God when you pray, shut up.

Mark Hart

If you really want to change someone's life today, don't just pray for them... pray *with* them.

Mark Hart

When a majority of my prayers are for others to change, I've gotten off track. Lord, change this sinner's heart.

Mark Hart

God gave you a gift of 86,400 seconds today. Have you used one to say "Thank You"?

Pray hardest when it's hardest to pray.

It is not particularly difficult to find thousands who will spend two or three hours a day in exercising, but if you ask them to bend their knees to God in five minutes of prayer they protest that it is too long.

Archbishop Fulton Sheen

Before we pray that God will fill us, we ought to pray Him to empty us.

Dwight L. Moody

If you're not too busy to check your social media account or to eat everyday, then you're not too busy to pray either.

Fr. Paul Scalia

If you say, "I'm just too busy to pray" then something else in your life has to give.

Fr. Paul Scalia

I love the line "I'm too busy to pray". Thinking about facing our Lord in eternity and trying that line is a good way of revealing how false it is.

Fr. Paul Scalia

If you're too busy to pray then you're too busy.

Before your feet hit the floor, let your knees hit the floor. This is the best way to start your day.

Father Larry Richards

You say you never have time to pray, but your Netflix browsing history would say otherwise.

Catholic Teen Posts Instagram page

If prayer is just another "when" on your schedule, then all of a sudden prayer takes on all of the importance of cleaning your toilet. It is not important, it's just another thing.

Father Mike Schmitz

Prayer is oftentimes less like slipping into a hot tub and more like jumping into a pool and swimming laps.

Father Mike Schmitz

Prayer is when my heart goes up and God's heart comes down and they smack together in the middle.
Seven year-old girl on Relevant Radio call-in show

Give it to God and go to sleep.

There are many days when we wake up with an empty tank. It's vital for us to turn to God in prayer so He can fill us up for whatever He has in store for us that day.

Father Marc Paveglio

In order to create time to pray, we must destroy time to do something else. We must kill something, refuse something, say no to something.

Peter Kreeft

Find out how many hours a week you watch TV and use just half of that time for prayer. You'll get a threefold benefit: garbage cleanup, prayer time, and extra time left over.

Peter Kreeft

The first rule for prayer, the most important first step, is not about *how* to do it, but to *just do it*; not to perfect and complete it but to begin it. Once the car is moving, it's easy to steer it in the right direction, but it's much harder to start it up when it's stalled. So stop reading and start praying. Right now.

Peter Kreeft

12. Sacraments

"The Mass is long," you say, and I reply: "Because your love is short."

Saint Josemaría Escrivá

It would be easier for the world to survive without the sun than to do without the holy Mass.

Saint Padre Pio

There is nothing so great as the Eucharist. If God had something more precious He would have given it to us.

Saint John Vianney

If we really understood the Mass, we would die of joy.

Saint John Vianney

If the angels could be jealous of men, they would be for one reason: Holy Communion.

Saint Maximilian Kolbe

When you approach the tabernacle remember that God has been waiting for you for twenty centuries.

Saint Josemaría Escrivá

All the answers are in the tabernacle.

Matthew Kelly

OLG Quote Dogs!

When you look at a crucifix you understand how much Jesus loved you then. When you look at the Eucharist you understand how much Jesus loves you now.

Blessed Mother Teresa

When you go to Mass and the music is off-key, the priest is boring and doesn't say anything that connects with your life, the people around you are loud or smelly or you just don't like them but you still *choose* to go to Mass, those are the *best* Masses you could possibly go to. They're pruning Masses.

Father Mike Schmitz

Since Christ himself said, "This is my body", who shall dare to doubt that it is His body?

Saint Cyril of Jerusalem

Fall in love with the Eucharist and everything else will fall into place.

Father David Herrera

In a false person, sacraments do not produce any effect.

Saint Thomas Aquinas

When we go to Confession we are not telling God something He doesn't already know and we're not showing Him something He doesn't already see. We are giving Him something He doesn't already have: Your broken heart.

Father Mike Schmitz

Jesus is truly present at Mass. Are you?

From the book Theology of the Body for Teens: Middle School Edition

God gives us more than we can handle at every Mass.

Nate Reinhardt

God doesn't want you to go to church. He wants you to want to go to church.

Curtis Martin

There's a reason guys aren't becoming priests. It's because guys aren't becoming men.

Chris Stefanick

We are not called to watch Mass, but to participate. It's time to stop watching and start worshipping.

Father Mike Schmitz

Seven days without the Eucharist makes one weak.

It's been a few days since I've seen my kids. My hearts racing; I can't wait to hold them. This is just a glimpse into God's heart at Mass.

Mark Hart

I urge you with all the strength of my soul to approach the Eucharistic Table as often as possible.

Feed on this Bread of the Angels from which you will draw the strength to fight inner struggles.

Blessed Pier Giorgio Frassati

So many people see the confessional as a place of defeat, but confession is a place of victory every single time.

Father Mike Schmitz

Confession isn't a place where I acknowledge sin has beat me, but that I'm letting Jesus win.

Father Mike Schmitz

OLG Quote Dogs!

Sunday doesn't just prepare us for the week ahead – it prepares us for eternity.

Mark Hart

God's preferred tabernacle is not a golden box, but you.

Father John Parks

The Lord never tires of forgiving. It is we who tire of asking for forgiveness.

Pope Francis

Jesus hides in the Eucharist so you don't have to hide.

Father Mike Schmitz

A thousand years of enjoying human glory is not worth even an hour spent sweetly communing with Jesus in the Blessed Sacrament.

Saint Padre Pio

Upon receiving Holy Communion, the Adorable Blood of Jesus Christ really flows in our veins and His Flesh is really blended with ours.

Saint John Vianney

Our Sabbath practices reveal which Trinity we truly worship: Father, Son, and Spirit... or me, myself, and I.

Mark Hart

The Eucharist is the only food that we can't commit gluttony with, because it's impossible to consume too much love.

Father Marc Paveglia

Christ's invitation to the priesthood is an invitation to a way of life that is athletic in its intensity and heroic in its form.

Father Robert Barron

I'm at my 3 year-olds year-end concert. It's full of very off-key, mostly unfocused children, but this father is still beaming. Must be how God feels on Sunday.

Mark Hart

Reconciliation is the fastest way to change your life.

Mark Hart

Confession is like chemotherapy. It isn't always fun, but it'll save your life.

Dave Rinaldi

Most Catholics watch Mass instead of worshipping at Mass.

Fr. Mike Schmitz

The Eucharist isn't just Wonder Bread™, but Wonderbread!

Q: What's the difference between a priest and a doctor?

A: One deals with matters of life and death. The other is just concerned with the health of the body.

It's mortally sinful to be in bed instead of at Sunday Mass; unless it's a hospital bed. Keep the Lord's Day holy.

Father Kevin Cusick

The Eucharist is not a prize for the perfect, but medicine for sinners.

Pope Francis

13. Temptation, Sin, Satan, and Suffering

If one were to consider how much Jesus has suffered, one would not commit the smallest sin.

Saint Gianna Molla

Expect temptation to your last breath.

Saint Anthony the Great

Sufferings gladly borne for others convert more people than sermons.

Saint Thérèse of Lisieux

The only thing necessary for the triumph of evil is for good men to do nothing.

Edmund Burke

The greatest trick the devil ever pulled was convincing the world he doesn't exist.

Charles Baudelaire

We're sinaholics.

Matt Molko

The only power the devil has is the power we give him.

Only saints can save the world. And only our own sins can stop us from being saints.

Peter Kreeft

Fly from bad companions as from the bite of a poisonous snake.

Saint John Bosco

Sin is the assassin of the soul.

Saint John Vianney

Sin makes you stupid.

Mark Shea

We often have to choose between what is right and what is easy.

Dumbledore, from the Harry Potter series

What starts in your head eventually comes out of your mouth.

Always be doing something worthwhile; then the devil will always find you busy.

Saint Jerome

If you're going through hell, keep going.

Winston Churchill

One of the most common ways people justify sin is by saying "Everyone else is doing it".

Don't waste your suffering.

Saint John Paul the Great

OLG Quote Dogs!

The dragon sits by the side of the road, watching those who pass. Beware lest he devour you. We go to the Father of Souls, but it is necessary to pass by the dragon.

Saint Cyril of Jerusalem

Suffering without Christ just hurts. But suffering with Christ can transform the world.

Father Mike Schmitz

Sin will take you farther than you wanted to go, keep you longer than you wanted to stay, and take more than you were ever willing to give.

Much suffering in hospitals is wasted.

Archbishop Fulton Sheen

One of the best things that could ever happen to us would be if all of our sins were broadcast on the six o'clock news.

The Lord is more anxious to forgive our sins than a woman is to carry her baby out of a burning building.

Saint John Vianney

Satan always tempts the pure – the others are already his.

Archbishop Fulton Sheen

If this is what you want, so do I.

Blessed Chiara Luce Badano (spoken after being diagnosed with osteogenic sarcoma, a very painful bone cancer)

The life of each and every one of us has been written. The crucifix is my autobiography. The blood is the ink. The nails the pen. The skin the parchment. On every line of that body I can trace my life. In the crown of thorns I can read my pride. In the hands that are dug with nails, I can read avarice and greed. In the flesh hanging from him like purple rags, I can read my lust. In feet that are fettered, I can find the times that I ran away and would not let him follow. Any sin that you can think of is written there.

Archbishop Fulton Sheen

One clue that you're doing something wrong is when you start spending a lot of time trying to convince yourself that what you're doing is right.

Crystalina Evert

Let the enemy rage at the gate; let him knock, pound, scream, howl; let him do his worst. We know for certain that he cannot enter our soul except by the door of our consent.

Saint Francis de Sales

The devil is like a rabid dog tied to a chain; beyond the length of the chain he cannot seize anyone. And you: keep at a distance. If you approach too near, you let yourself be caught. Remember that the devil has only one door by which to enter the soul: the will.

Saint Padre Pio

Just as the commander of an army pitches his camp, studies the strength and defenses of a fortress, and then attacks it on its weakest side, in like manner, the enemy of our human nature studies from all sides our theological, cardinal, and moral virtues. Wherever he finds us weakest and most in need regarding our eternal salvation, he attacks and tries to take us by storm.

Saint Ignatius of Loyola

After every temptation you will be either closer to God or further from Him.

Jason Evert

The sign of the cross is the most terrible weapon against the devil. Thus the Church wishes not only that we have it continually in front of our minds to recall to us just what our souls are worth and what they cost Jesus Christ, but also that we should make it at every juncture ourselves: when we go to bed, when we awaken during the night, when we get up, when we begin any action, and, above all, when we are tempted.

Saint John Vianney

If only we could see the *joy* of our guardian angel when he sees us fighting our temptations!

Saint John Vianney

One who has the habit of unclean speech is a person whose lips are but an opening and a supply pipe which hell uses to vomit its impurities upon the earth.

Saint John Vianney

At this point I have nothing left, but I still have my heart, and with that I can always love.

Blessed Chiara Luce Badano (spoken as she was dying of osteogenic sarcoma, a very painful bone cancer)

Sometimes God doesn't change your situation because he's trying to change your heart.

Jesus didn't suffer so we wouldn't have to suffer. He suffered so that we would know how to suffer.

Jason Evert

What does not kill me makes me stronger.

Friedrich Nietzsche

We follow a guy who was hated, mocked, tortured, imprisoned, and killed... Should we expect anything less?

If you are going to worship a guy who was crucified, don't expect life to be pop and Skittles.

Mark Shea

You can kill us, but you can't hurt us.

Saint Justin Martyr

Silence in the face of evil is itself evil: God will not hold us guiltless. Not to speak is to speak. Not to act is to act.

Dietrich Bonhoeffer

Apart from the cross, there is no other ladder by which we may get to Heaven.

Saint Rose of Lima

The biggest sin of our day is indifference.

Tim Staples

The opposite of love is not hate, it's indifference.

Elie Wiesel

If people throw stones at you, pick 'em up and build something.

Lecrae

God didn't give you the strength to get back on your feet so that you can run back to the same thing that knocked you down.

Catholic Teen Posts Instagram page

First we invite sin into our house, then sin stays as a guest, and then sin makes us a slave.

No snowflake in an avalanche ever feels responsible.

Stanislaw Jerzy Lec

If you find yourself with a cross you find yourself with Jesus.

Father Mike Schmitz

Suffering can make you bitter, but it can also make you better.

Chris Stefanick

A catty remark often has more lives than a cat.

Every time we judge our brother in our hearts or worse when we speak badly of them with others, we are murdering Christians.

Pope Francis

Sin is like chocolate covered feces.

Lions can eat my body, but they can't swallow my soul.

Lost and Found, from the son "Lions"

We are born on a battlefield.

Fatherhood has taught me when it's too quiet my kids are usually sinning. God the Father knows the same. Are you praying?

Mark Hart

This generation, and many others, have been led to believe that the devil is a myth, a figure, an idea, the idea of evil... But the devil exists and we must fight against him.

Pope Francis

Sin is the cancer of the soul.

Sometimes we forget that sin really is optional.

Mark Hart

We are the archenemy of our own salvation, and the Shepherd must fight first of all with us – for us.

Romano Guardini

It is the disease of cowards, who do not have the courage to speak upfront and so talk behind one's back... Watch out against the terrorism of gossip!

Pope Francis

Gossip can also kill, because it kills the reputation of the person! It is so terrible to gossip! At first it may seem like a nice thing, even amusing, like enjoying a candy. But in the end, it fills the heart with bitterness, and even poisons us.

Pope Francis

Jesus never promised us freedom *from* suffering. He promised us His presence with us *in* our suffering.

Chris Stefanick

OLG Quote Dogs!

Every time we give in to selfishness and say “No” to God, we spoil His loving plan for us.
Pope Francis

As the pilot of a vessel is tried in the storm; as the wrestler is tried in the ring, the soldier in the battle, and the hero in adversity: so is the Christian tried in temptation.
Saint Basil the Great

Let us love the Cross and let us remember that we are not alone in carrying it. God is helping us. And in God who is comforting us, as St. Paul says, we can do anything.
Saint Gianna Molla

Pain is never permanent.
Saint Teresa of Ávila

Maybe if we said that sin causes cancer, people would take it more seriously.
Mark Hart

The devil doesn't sit idly by while you seek God. If you're pursuing Christ, the enemy is pursuing you.
Mark Hart

When God went to the cross he made even death itself a place of hope.
Father Robert Barron

The best answer to the problem of evil is not one so much found on paper but on wood.
Peter Kreeft

The solution to our suffering is our suffering!
Peter Kreeft

God is not unmoved or unaffected by our suffering. In fact, he is so familiar with it that he even allowed us to use our freedom to kill him. Why would he do that? Because it is the same freedom that you and I are able to use at this very moment to love him.
Father Mike Schmitz

If you want to love God better, hate sin more.
Mark Hart

Jesus didn't suffer so that we wouldn't have to. He suffered so that we would know *how* to.
Chris Stefanick

The money to buy souls is suffering.
Father Jean C. J. d'Elbée

Be ashamed when you sin, not when you repent.
Saint John Chrysostom

Everything we have – every blessing, every talent – is a gift from our Father. The only thing that's all ours is our sin.
Mark Hart

What did all the saints have in common? They feared sin more than even physical death.
Mark Hart

The commandments are a gift, not a curse. Sin is less about breaking the rules and more about breaking the Father's heart.

Mark Hart

Jesus has many lovers of the heavenly kingdom but few bearers of His cross.

Thomas à Kempis

The devil's boots don't creak.

Scottish proverb

The problem with "cafeteria Catholicism" is that the first thing we don't want to take from the buffet is always the cross, and if we don't take the cross we have already lost Christianity.

Much of Satan's time is spent trying to make you remember what God has already forgotten.

Reconcile, rejoice, and look forward.

Mark Hart

If your sin feels "too big," your vision of God is too small.

Mark Hart

Evil may have its hour, but God will have His day.

Archbishop Fulton Sheen

Sometimes my worst day – one filled with pain and suffering – in the eyes of God, is my best day if I've born it cheerfully and I've born it with love.

Mother Angelica

Only in eternity shall we see the beauty of the soul, and only then shall we realize what great things were accomplished by interior suffering.

Mother Angelica

The devil wants you to forget: 1) Who you are and 2) What you were made for. You are a child of God and you were made for Heaven.

Jackie Francois

There is no cross, big or small, in our life which the Lord does not share with us.

Pope Francis

Somebody once asked the great evangelist, D. L. Moody, why he kept praying for the filling of the Holy Spirit. He said, "Madam, I leak."

The devil knows your name but he calls you by your sins. God knows your sins but He calls you by your name.

Jason Evert

When tempted, invoke your Angel. He is more eager to help you than you are to be helped! Ignore the devil and do not be afraid of him: He trembles and flees at the sight of your Guardian Angel.

St. John Bosco

The devil has a target on your back.

First, the devil uses his finger to beckon you closer to him. Then as soon as you sin, he wags his finger at you.

Fame is like a narcotic. It leaves you wanting more wealth, pleasure, power, and approval. It's a setup for addiction when God's not in your life.

Dion

Don't just give God your best. Give Him your worst.
Father Mike Schmitz

We are generally the carpenters of our own crosses.
Saint Philip Neri

Gossiping is like terrorism because the person who gossips is like a terrorist who throws a bomb and runs away... With their tongue they are destroying and not making peace.
Pope Francis

Division is one of the devil's favorite tools in his toolbox.
Sister Theresa Aletheia Noble

14. The Bible

A well-used Bible that is falling apart usually belongs to a person who isn't.

The Bible is meant to be our daily bread, not cake for special occasions.

Scripture is good medicine.

The shortest verse in the Bible is "Jesus wept". The only thing wrong with it is the past tense.
Randy Milholland

Reading parts of the Bible only once is like listening to the best song in the world only once.
Art Zannoni

You can sum up the Bible in two words: Come closer.
John Eldridge

Let sleep find you holding your Bible, and when you head nods let it be resting on the sacred page.
Saint Jerome

The Old Testament is like a radio with its hidden voice announcing the One to come. The New Testament is like a television because the Word became both audible and visible.
Archbishop Fulton Sheen

The Bible is a love letter from God with your name on it.
Peter Kreeft

The Bible should come with a warning label.
Peter Kreeft

Beware of the Bible: It may change your life.

The Bible is like one big text message from God to you.

I congratulate you all for memorizing Scripture. You're hiding His Word in your hearts so that in times of trial and temptation, you will have a weapon to fight with.
Tim Tebow (in a letter to the class of 2009 at Our Lady of Grace Catholic School, Edina, MN)

OLG Quote Dogs!

God never intended that we should merely get into His Word. His intent is that the Word should get into us.

Nancy Leigh DeMoss

The Bible will keep you from sin, or sin will keep you from the Bible.

Dwight L. Moody

Become familiar with the Bible so that it can be your compass pointing out the road to follow.

Pope Benedict XVI

Why don't people read the Bible anymore? Because it has the power to change our lives.

Matthew Kelly

The more you read the Bible, the more you will love the author.

Visit many good books, but live in the Bible.

Charles Spurgeon

We speak to God when we pray; we listen to Him when we read the Scriptures.

Saint Ambrose

When we pray, we talk to God; when we read Scripture, God talks to us.

Saint Isidore of Seville

15. The Four Last Things: Death, Judgment, Heaven, and Hell

Memento mori (Latin for "Remember that you will die").

Ancient phrase

The one thing Jesus is going to ask us when we get to Heaven: Where are your brothers and sisters?

Don't wait for six strong men to take you to church.

A priest goes to Heaven or a priest goes to Hell with a thousand people behind.

Saint John Vianney

All the way to Heaven is Heaven, because He is the way.

Saint Catherine of Siena

The national anthem of Hell is "I Did It My Way".

Peter Kreeft

The issue is now clear. It is between light and darkness and every one must choose his side.

G.K. Chesterton (Chesterton's last words)

Many who plan to seek God at the eleventh hour die at 10:30.

Bumper sticker

Death is very likely the single best invention of life. It is life's change agent.

Steve Jobs

OLG Quote Dogs!

Each and every one of us, at the end of the journey of life, will come face to face with either one or the other of two faces... And one of them, either the merciful face of Christ or the miserable face of Satan, will say, "Mine, mine." May we be Christ's!

Archbishop Fulton Sheen

We are always trying to find an easy way into Heaven.

Hell is not a subject to be avoided; it is a place to be avoided. Thinking about Hell is actually a very good idea. It's a good way to keep ourselves out of it.

Dale Ahlquist

They say such nice things about people at their funerals that it makes me sad that I'm going to miss mine by just a few days.

Garrison Keillor

The saints went to Heaven before they went to Heaven.

Deacon Thomas Winninger

Sometimes you have to think about your death in order to start thinking about your life.

You don't have to find out you're dying to start living.

Zach Sobiech

There's nothing like impending death to rouse you from existential boredom.

Roger Ebert

The road to hell is paved with good intentions.

Saint Bernard of Clairvaux

No one can confidently say that he will still be living tomorrow.

Euripides

Using death to defeat death... wow. No way the devil saw that one coming.

Mark Hart

The last seat in purgatory is better than the first seat in you know where.

Father Kevin Finnegan

The safest road to hell is the gradual one – the gentle slope, soft underfoot, without sudden turnings, without milestones, without signposts.

C.S. Lewis

We've all got a terminal illness. It's called life.

Father Benedict Groeschel

You can't go to Heaven hating somebody. Forgive now. Be compassionate now. Be patient now. Be grateful now. Love Jesus and Mary now. Accept God's will now.

Mother Angelica

Teacher: "If your daughter knew her spelling words as well as her Bible stories she'd get into Harvard." Me: "I'll settle for Heaven."

Mark Hart

As I continue my advance through my 50's, I am certain that I am closer to my death than I am to my birth. I look at the calendar and see my birth date rolling around. But which is the day that I will die?

OLG Quote Dogs!

Hmmm. Think about that one. We pass our death date every year without giving it a thought. But our death date is just as real as our birth date. It might do us good to pause and reflect on that.

Dennis Justison

I've read the final chapter... God wins.

To the well-organized mind, death is but the next great adventure.

Dumbledore, from the Harry Potter series

There are far, far worse things in the living world than dying.

Dumbledore, from the Harry Potter series

The world is thy ship, not thy home.

St. Thérèse of Lisieux

Do you realize that God wants you to go to Heaven more than you want to go to Heaven?

Father Mike Schmitz

16. Theology of the Body

The Theology of the Body is a theological time bomb set to go off with dramatic consequences... perhaps in the 21st century.

George Weigel

Hardly anyone today thinks about sex. We joke about it, dream about it, watch movies about it, listen to music about it, lust about it. But we don't ever really think about it.

Jason Evert

Behind every good man is a great woman.

A wedding lasts an hour. A marriage lasts a lifetime.

The best thing parents can spend on their children is time, not money.

Parents should always remember that their children value their presence way more than their presents.

Any guy will date a flirt, but no guy will marry one.

The problem with pornography is not that it shows too much, but that it shows too little.

Saint John Paul the Great

If you can't keep your hands off your girlfriend, then keep your hands off of God's daughter.

Kimberly Hahn

To defend his purity, Saint Francis of Assisi rolled in the snow, Saint Benedict threw himself into a thorn bush, and Saint Bernard plunged into an icy pond... You – what have *you* done?

Saint Josemaría Escrivá

Every kiss is a promise.

The majority of romantic comedy movies have nothing to do with love, but everything to do with infatuation.

Matt Smith

You don't go to high school to find your husband; you go to find your bridesmaids.

A woman should hide her heart in God's and rest assured that the kind of man she deserves will go and find it.

Every girl is a princess, because their Father is a King.

Chastity is the most unpopular of the Christian virtues.
C.S. Lewis

Harry Potter is about confronting fears, finding inner strength, and doing what is right in the face of adversity. Twilight is about how important it is to have a boyfriend.
Stephen King

There are few better tests for whether or not someone lives a life in submission to God than what he or she does with their sexuality. Sex is such a powerful and meaningful desire that to give it up and obey God in that area is a true sign of worship.
Drs. Henry Cloud and John Townsend

If you sincerely want to know if you're "going too far," don't ask yourself, "Is this bad?" Instead ask yourself, "Is this pure?"
Jason Evert

A man will be as much of a gentleman as a woman requires.
Elizabeth Elliot

Never be afraid that some guy is going to leave you unless you give him something sexual. Let *him* be afraid that he's going to lose *you* unless he knows how to respect you.
Crystalina Evert

Friends with benefits are neither.
Jason Evert

I heard somebody say that you can judge your own character by the things you do in private. I'd take it a step further and say you can judge your own character by the things you do with your girlfriend.
High school male (from the book Purity 365: Daily Reflections on True Love by Jason Evert)

Women, be radiant on your wedding day. But make sure your soul matches your dress.
Jason Evert

Love can wait to give, but lust can't wait to get.
Drs. Henry Cloud and John Townsend

Instead of looking for the ideal man, become the ideal woman and let him come find you.
Crystalina Evert

Don't worry about finding your soul mate in high school. Focus on finding yourself.
Jason Evert

If you have to ask someone if he'll still love you tomorrow, then he doesn't love you tonight.
Dawn Eden

Purity is not about following a list of rules so that you'll avoid hell. It's about wanting heaven for the person you love.

Jason Evert

After I got over him, which took a pretty long time, I realized what I was looking so hard for before I met him: myself.

Female college student (from the book Purity 365: Daily Reflections on True Love by Jason Evert)

Jesus says to each man, "Look at a crucifix. This is how I got my bride to heaven. How else do you think you will get yours there?"

Jason Evert

So many girls want a guy to save them. But a man *did* save them: 2,000 years ago on the cross.

If you don't look like an Abercrombie model don't expect me to look like Barbie.

You don't marry someone because he's your soul mate; he becomes your soul mate because you married him.

Julie Shaw

In today's culture you might just have to "shop 'til you drop" in order to find modest clothing.

Our culture typically encourages us to "Love things and use people", when in reality we should "Love people and use things."

From the book Theology of the Body for Teens: Middle School Edition

Your body is a temple, not a visitor's center.

Porn is not a harmless private habit. It is a cancer that will work its way into every area of your life, corrupting everything.

Sam Guzman

Seventeen magazine publishes some of the most miraculously stupid advice ever known to man.

Jason Evert

It's easy to love a thousand women. What's hard is to love one woman a thousand different ways.

Patrick Coffin

Porn promises us freedom, but we become enslaved; it promises us intimacy, but we become isolated; it promises us excitement, but we become bored; it promises us "adult entertainment," and we become increasingly juvenile. Pornography, as is the case with all sin, promises us many things, but leaves us with less than we had in the first place.

Matt Fradd

To a great extent the level of any civilization is the level of its womanhood. When a man loves a woman, he has to become worthy of her. The higher her virtue, the more noble her character, the more devoted she is to truth, justice, and goodness, the more a man has to aspire to be worthy of her. The history of civilization could actually be written in terms of the level of its women.

Archbishop Fulton Sheen

Marriage was never supposed to be easy, but it's the path that leads couples to Heaven.

Jared Zimmerer

A bad relationship will make you feel more alone than when you were single.

Crystalina Evert

Married couples, may we never forget that when attacks come the grace of the sacrament is eternally stronger than we are.

Mark Hart

If more husbands and fathers would put as much energy into their marriages and families as they do their jobs, the world would change.

Mark Hart

Dressing immodestly is like rolling around in manure. You'll get attention, but mostly from pigs.

What you win a guy with is what you keep him with. If you win him with your body than you'll have to try and keep him with your body. The problem is that every girl in the world has a body, so any girl in the world can lure him away. But who YOU are as a woman... No other woman in the world has that.

Jason Evert

All the sacrifices you made will melt away when you look into your spouse's eyes on your wedding day.

Twitter: @ClassyCatholic

Compatible comes from the Latin "compati", meaning "to suffer with". If you are not willing to suffer with someone until death do you part, then you are not compatible.

Jason Evert

Once you realize that you are a human being with a body and soul, it should change how you use your body. What you do with your body, you do with your soul.

Jackie Francois

It is the duty of every man to uphold the dignity of every woman.

Saint John Paul the Great

It breaks my heart when couples focus more on being wed than being married. Two become one doesn't happen without work, humility, and sacrifice.

Mark Hart

If the person who says they love you is unwilling to sacrifice for you it ain't love.

Mark Hart

If true love were only about feelings, Jesus would have been hugged to death for our redemption. Thank God for His cross this and every day.

Mark Hart

Honestly, I don't think Victoria has too many Secrets left... might be time to prayerfully consider a name change.

Mark Hart

The following is a phrase we don't hear enough but that I sincerely mean (and our culture needs to hear more often): I love being married.

Mark Hart

Porn is like chocolate covered dog poop. It might taste great at first, but in the end the joke's on you.

As a father of young girls, I want to publicly thank all women who dress and carry themselves like ladies. Your example is a gift.

OLG Quote Dogs!

Mark Hart

It's ironic that people chase after love yet forget or ignore the fact that Love (God) is chasing after them. Let yourself be found.

Leah Darrow

What you do online impacts your life offline.

Website: www.CovenantEyes.com

If any guy ever asks you to send him a revealing picture of yourself I urge you to send him a picture of your completely bare hand waving goodbye to him.

Jason Evert

There is a big temptation for guys to constant bachelorhood. A temptation to live your life for yourself and not give it away.

Fr. Marc Paveglio

Today holding hands with someone means way more than hooking up with them.

Kaylin Koslosky

It seems like today 1/3 of the people are dating, 1/3 are not dating, and the other 1/3 don't even know if they're dating or not dating. And then 1/2 of the people that are dating don't even know why they're dating. There is so much confusion about dating today.

Jason Evert

Your significance does not depend on having a significant other.

Crystalina Evert

Isn't it ironic that James Bond, the supposed "man" of men, doesn't bond with anyone?

Boyfriends do not get husband privileges.

Jason Evert

Dating tip: Run as fast as you can towards God and if someone keeps up, introduce yourself.

Pixels can't love you back.

Matt Fradd

A lot of guys have been brought up with the notion that you become a man by conquering women for yourself when in reality a true man conquers himself for the sake of a woman.

Jason Evert