Every innate, natural desire we experience can be satisfied on earth... except for one.
2 main kinds of desire:

**NATURAL**
- Experienced by everyone
- Desired objects actually exist
- Examples: Food, drink, sleep, friendship, knowledge, etc.

**ARTIFICIAL**
- Varies from person to person
- Desired objects do not necessarily exist
- Examples: Spicy chicken wings, bungee jumping, riding a unicorn, having Spiderman-like super powers, etc.
Natural Desires

A. Hunger → Food
B. Thirst → Water
C. Sleep → Sleep
D. Community → People (family, friends, etc.)
E. Knowledge → Truth
F. Complete happiness / lasting joy → Nothing in this world...
The world says these things will make you “HAPPY”...

POP CULTURE
(The latest and coolest songs/albums/artists, TV shows, movies, books, magazines, fashions, celebrity gossip, etc.)

POPULARITY
(Striving for fame and attention, needing to be seen as “cool”, etc.)

RELATIONSHIPS
(Hooking up, a boyfriend/girlfriend, the “perfect” spouse, etc.)

“SUCCESS”
(Getting good grades, being in tons of extracurriculars, going to a prestigious school, having a big money-making job, living in a big house, owning a cabin up north, driving a nice car, flying first class, going on fancy vacations, etc.)

$ MONEY $
(And all the stuff you can buy with money)

LOOKS
(Having great hair, the “perfect body”, wearing the coolest clothes, dressing for attention, etc.)

SPORTS
(Being the best player, being on the best team, knowing the most about players/teams/games, etc.)

PARTYING
(Getting drunk, acting crazy, hooking up, etc.)

TECHNOLOGY
(Social media, cell phones, computers, websites, blogs, TV, video games, the latest gadgets, etc.)

...But only GOD can truly fill the hole in your soul.
“TRYING TO FILL THE GOD-SIZED HOLE IN OUR HEARTS WITH THINGS OTHER THAN GOD IS LIKE TRYING TO FILL THE GRAND CANYON WITH MARBLES.”

PETER KREEFT
1. We all desire deep, long-lasting happiness.

2. We become disappointed when we try to find this deep, long-lasting happiness in something other than God.

For example...
The Christmas Present Effect
Wishing for a Fountain of Youth
3 Trying to Find Complete Happiness in Another Person

Scene from the movie, Jerry Maguire

https://vimeo.com/148525063
Try to Get Complete Satisfaction from the World

I can't get no satisfaction

ROLLING STONES — (I CAN'T GET NO) SATISFACTION

https://youtu.be/h7pbljGcmc4
5 Searching for Complete Happiness in the World

U2 - Still Haven't Found What I'm Looking For  
https://youtu.be/M8Wc3dhF4fU
There are moments in our lives during which we experience a small “taste” of this deep happiness that our hearts long for. People sometimes refer to these moments as experiencing...
A. Sports
B. Books & Movies
Do you know what day it is?

Nope. Why?

Oh, no reason. I was just curious.

I sure like summer vacation.
d. Camps & Retreats
E. Family Vacations
F. Christmastime
Sadly, all of these moments are only moments. They come and they go. However, they seem to be clues planted in our hearts that point us beyond this world to something bigger and better:

Eternal happiness with God in Heaven.
St. Augustine captures the essence of this argument with his most famous quote from the first page of *Confessions*:

“You have made us for Yourself, O Lord, and our hearts will remain restless until they rest in You.”