



Preparing for Lent

First & Last Name: _____

Class: _____ Today's date: _____

Saint of the Day: _____

(Pray for me!)

Instructions: Watch the video Preparing for Lent featuring Fr. Mike Schmitz and take a bullet-pointed summary of his main thoughts under each of the following topics. Then, draw a picture that helps show something you learned.

INTRODUCTION

PRAYER

FASTING

ALMSGIVING

CONCLUSION