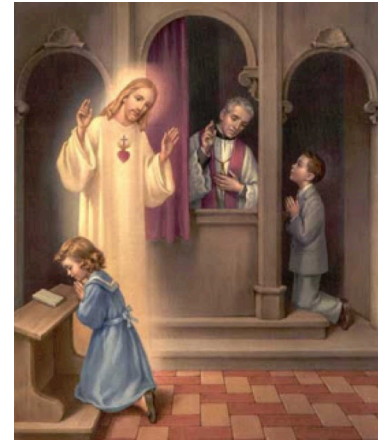


Examination of Conscience for Young Children

Remember: Jesus loves you *SO* much and can't wait for you to share your sins with Him so they can be erased forever. Be brave and share your biggest sins with the priest so God can forgive them and help you be a happy saint.

Examination of Conscience

Ask yourself the following questions and think about your answers. If you want, you can write your sins down on a notecard or highlight your sins on this sheet. Then take your notecard or this sheet with you to Reconciliation so you remember what sins you need to confess.



1. Have I prayed to God everyday? (When I wake up, before meals, before bed?)
2. Do I say, "Thank You" to God for all the good things in my life?
3. Have I used God's name in a bad way (like saying, "Oh my God")?
4. Have I gone to Mass every Sunday and on Holy Days?
5. Have I behaved at Mass?
6. Have I participated at Mass by praying, singing, listening, kneeling, and saying the prayers out loud with everyone else?
7. Have I obeyed my parents?
8. Have I talked back to my parents or been grumpy at them?
9. Have I been kind to others (my parents, siblings, teachers, classmates, etc.)?
10. Have I been respectful of other people's things?
11. Have I stolen or taken anything from anyone that wasn't mine?
12. Have I lied to anyone?
13. Have I said anything bad or inappropriate?
14. Have I called anyone a name or said anything mean to someone?
15. Have I said anything mean about someone without them knowing it?
16. Have I been nice to others who are different than me?
17. Have I told someone they couldn't play with me or someone else?
18. Have I watched any videos, listened to any songs, read any books, or played any video games that were bad or inappropriate?
19. Have I been jealous of what others have?
20. Have I cheated on any assignments or tests at school?
21. Have I cheated in any games or played unfairly?
22. Have I done my chores or schoolwork without complaining?
23. Did I have the chance to do the right thing but chose not to?
24. Did I have the chance to say the right thing but chose not to?
25. Did I have the chance to share my faith but chose not to?
26. Have I tried my best in school?
27. Have I been selfish? (Thinking of myself first instead of God or others)
28. Have I tried my best to be a saint?