1. God first filled your heart with the Holy Spirit at **Baptism**.
   a. At Confirmation the gifts of the Holy Spirit are **increased** and you’re given special **powers** to **spread** and **defend** the faith.

2. The Holy Spirit is “The Giver of **Life**”.
   a. You might not feel a **change** at the time of Confirmation, but the outpouring of the Holy Spirit **seals** and **armor**s you.
   b. This outpouring of the Holy Spirit is precisely what God gave to His **apostles** at **Pentecost**.

3. Just as Jesus sent the apostles out, he also sends **you** out!
   a. Jesus knows we need **courage** to live the faith and share it with others.
   b. The **apostles** traveled all over the world to spread the Good News and were **persecuted** everywhere they went. **You** will experience the same resistance when you share the Good News through your **words** and **actions**.

4. 2,000 years ago the **apostles** laid hands to confirm people.
a. Today, your _____ bishop _____ (successor of the apostles) will lay his hands on you and say, "Be _____ sealed _____ with the _____ gift _____ of the _____ Holy Spirit _____.

b. He will anoint your _____ forehead _____ with holy _____ oil _____ (a.k.a. _____ chrism _____). Just like soldiers would bear their _____ leader's _____ seal on their armor or shield, now you bear the seal of _____ Jesus _____.

c. You choose a Confirmation _____ name _____ after a _____ saint _____ who will be your spiritual _____ guide _____ and prayer _____ warrior _____.

d. You will also choose a _____ sponsor _____ who will walk with you on your _____ journey _____ to _____ Heaven _____ and be an example of _____ holiness _____.

5. Confirmation is NOT recognition of your spiritual _____ growth _____ and it is NOT about you _____ claiming _____ the faith as your own… At Confirmation you don’t do anything except _____ receive _____ God’s _____ grace ____ (God does all the _____ work ____!).

6. At Confirmation you will receive the 7 _____ gifts _____ of the Holy Spirit:

a. _____ Wisdom _____

b. _____ Understanding _____

c. _____ Counsel _____

d. _____ Knowledge _____

e. _____ Piety _____

f. _____ Fortitude _____

g. _____ Fear of the Lord _____

i. You need to _____ spend _____ time _____ with God in order to develop these gifts.

7. Just like the apostles, every day is a struggle between _____ good _____ and _____ evil ___. But now that you are sealed with Christ, you can follow the road to Heaven and be what you are called to be: _____ holy _____ (a saint!)