

Confirmation Chocolate Milk Object Lesson

Credit: Sean Lavell

How to teach the interplay between Baptism and Confirmation? It's the simple action of making chocolate milk. Your kids will say "chocolate milk"? What does Chocolate milk have to do with the sacraments of Baptism and Confirmation? Well... let's find out...



- 1) First you state: We are going to make chocolate milk! That is our goal.
- 2) Hand out clear plastic empty cups to them.
 - So the cups will signify themselves, have them put their name on it with a marker.
 - Explain to them that "this is how you were born: a good cup, but empty of God's grace".
- 3) Then pour milk into their cups.
 - Explain to them that "this is like God's grace coming into your soul as it did at your Baptism".
 - Put a dish under one of your children's cup and explain to them that "God does not on fill us to just 90%, but actually fills us like this". Then, over pour the glass and keep pouring.
- 4) Add the chocolate syrup, but don't stir.
 - Explain to them that "without the chocolate syrup, one cannot make chocolate milk, right. You need to add chocolate to the milk in order to complete the making of chocolate milk. It's the same way with Baptism and Confirmation: the grace of Confirmation is the completion of the grace of Baptism".
 - Then without stirring it, have them take a drink. Then in an exaggerated voice state "man, isn't that good chocolate milk"? Wait for their response.
 - Of course they'll give you the "you're crazy" look. So ask them "wait... what's the problem, why isn't it good chocolate milk"? They will answer that you need to stir it. Say "exactly, though you have all the ingredients for chocolate milk, you don't have chocolate milk until you do something, right?"

In the very same way, in the sacrament of Confirmation you have a role to play. Your role is to respond to God's love for you with a love of you own, to Him and to others. And not just to those who already love you. Go out! Preach the Good News of Jesus Christ. God needs you to spread His Word! You are an essential part of this family. God needs you to tell others about his love and goodness. To be the hands of feet of Jesus. You have an adventure to live. You have the full outpouring of the Holy Spirit.

Stir it up!