THE POWER OF THE HOLY SPIRIT

God is equipping you to be something _____________ AMAZING _____________.
Confirmation empowers you to live your life to the full – “I have come that you might have _______ life _______ and have it to the _______ full _______!” (John 10 : 10)

Before they received the Holy Spirit at Pentecost, the apostles knew it all (in their heads) but they weren’t able to live it out yet.

“Loving your enemies is easy... until you have ______ enemies ______.”
“Parenting is really easy... until you have ______ kids ______.”

In other words, it’s not easy ______ to be a saint!
(We need God’s help – BIGTIME!)

THE WORLD NEEDS YOU

The Sacrament of Confirmation helps you become more ______ you ______.

God chose you _______ 1st ______.

At Confirmation you will be given the same grace that the ______ apostles ______ were given.

You won’t have to be a witness in the ______ Colosseum ______, but God will send you to:

- Your family
- Your friends
- Your classmates
- Your teammates
- Your teachers
- The locker room
- Your neighborhood
- Your school hallways
- The kitchen
- Etc.
St. José Sánchez del Río was 14 years old. Think you can’t be a saint as a teenager? Think again. Many saints started to become saints when they were teenagers.

“Be a witness not in how you die, but in how you live.”

Sometimes it seems impossible to reach out to the kid sitting alone in the cafeteria, impossible to be pure, etc. And it is! But God gives us the grace to do the impossible, just like He did for the apostles.

**WHAT HAPPENS AT CONFIRMATION?**

You don’t always feel God’s grace – and that’s okay.

Don’t get caught up in the feelings.

(“Love is a choice, not a feeling!”)

“Everyday I had the goal to share my faith in high school...”

When your sponsor stands with you with their hand on your back, it shows that they’ve “got your back” for the rest of your life.

**OBJECT LESSON...**

<table>
<thead>
<tr>
<th>The cup = You</th>
<th>Milk = God’s grace at Baptism</th>
<th>Hershey Syrup = Holy Spirit at Confirmation</th>
<th>Stir it up! = Start trying to live like a saint!</th>
<th>Chocolate Milk = The goal of life</th>
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</thead>
<tbody>
<tr>
<td>You were born a good cup, but empty of God’s grace.</td>
<td>At Baptism God filled you full of His amazing grace.</td>
<td>Confirmation completes the grace of Baptism.</td>
<td>God has given you all the ingredients for chocolate milk, but now YOU have to get to work!</td>
<td>Your goal in life should be to become what God has called you to become: A SAINT.</td>
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