Introduction and Instructions: One main goal of this unit is recognizing our own identity (who we are). Too often we think we are this or we think we are that, or we think we are too this or too that, or not enough this or not enough that. But as is so often the case we get this all wrong. By constantly trying to compare ourselves to others (friends, siblings, “cool” kids at school, celebrities, etc.) we lose sight of who God made us to be.

In order to help us recognize how awesome and unique God made each of us, you will be presented with a number of questions that you are to answer as honestly as possible. Do not rush through these questions and do not let “What will others think of my answer?” thoughts guide your responses. The more honest you are the more you will get out of this assignment. We will have an opportunity to share answers next class, but you will not be forced to share any that you do not want to.

1. 5 words or phrases that describe me are…

2. My proudest achievement is…

3. What I most like about myself is…

4. My biggest fear about the future is…
5. A goal I have for my future is…

6. The #1 thing I would like to accomplish within the next week is…

7. The #1 thing I would like to accomplish within the next year is…

8. The most important things I’ve learned in life thus far are…

9. In my free time I like to…

10. I am most passionate (excited) about…