

COMMUNICATION & TEEN PRESSURE

First & Last Name: _____

Class: _____ Today's date: _____

Saint of the Day: _____

(Pray for me!)

16 pts.

Instructions: The teen years can sometimes consist of tension between a teenager and his or her parents, siblings, and even friends at times. In the space below think of and write down some specific communication do's and communication don'ts that would or wouldn't help a teenager communicate more effectively with his or her parents, siblings, and friends. If you need assistance, feel free to hit up Google for some help.

COMMUNICATION DO'S



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

COMMUNICATION DON'TS

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

TEEN PRESSURE

Instructions: The teen years typically involve a lot of pressure from others to act a certain way, talk a certain way, etc. Brainstorm and write down any 8 specific *negative* pressures that teenagers experience in the box below. Then put these pressures in order of how common you think each one is for teens.



1. _____ (Most common)
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____ (Least common)