AN ILLUSTRATED GUIDE TO PRINTING YOUR BOOKLET

BY JONATHAN TEIXEIRA

1 DETERMINE YOUR PRINTER’S MARGINS

If you don’t know your printer’s margins, print page 2 at 100% scale and measure the margins. Make note of the largest margin.

2 PRINT THE CORRESPONDING PAGE

If you can print boarderless 8x11, print page 3 at 100% scale. If your largest margin is 1/4 inch or less, print page 4 at 100% scale. If your largest margin is greater than 1/4 inch, print page 5 at 100% scale.

3 FOLD IT UP

1. Lay the paper on the table blank side is up, and green and red is at top.
2. 2a. Fold in half so you have a skinny wide rectangle. 2b. Unfold.
3a. Fold and 3b. unfold in the other direction.
4a. Fold the edges in to the middle. 4b. Unfold.

4 CUT IT UP & MAKE IT A BOOKLET

5. Fold like you did in step 3.
6. Cut along the dotted line. (From the fold, halfway across the paper.) 6b. Unfold.
7. Fold the other way (like step 2) and, holding the book at the edges, push the booklet together.

NEED MORE HELP? Watch an instructional video at: bit.ly/bookletvideo
Print this page at 100% scale to help you determine your printer's margins.
Jesus' name and by his blood. Amen.

Hear from the Author

Today, by your grace, grow to maturity and bear fruit for you that will last. I ask all these things in faith.

May any and all seeds you have sown in my heart come to bear and grow to maturity. May they come to bear fruit for you.

Thank you for touching my heart and showing me how to change my life.

Thank you for revealing yourself to me in prayer.

Thank you for the gift of this day. Thank you for the gift of faith and the grace you've given me to respond to you. Thank you for revealing yourself in Sacred Scripture.

Father, help me to stay focused in this time of prayer.

Please grant me the grace to hear your voice and respond.

Help me to stay focused in this time of prayer. Please grant me the grace to hear your voice and respond.

This little booklet will walk you through a method of prayer I call the Lectio Three-Step.

This is great because it's easy to remember and easy to teach. So go find somebody and teach them the Three-Step! They (and God) will be happy you did.

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Spend Time in Silence

Take a little time and sit with the word or phrase God has shown you. Mull it over a little bit.

Read the Passage

Be on the lookout for a word or phrase that jumps out at you. What is God highlighting for you today? What from this passage strikes you? If you need to read it another time or two, that's totally fine.

Make Some Notes

How was praying today? How was the place you prayed? Your posture (sitting, kneeling, etc.)? That cup of coffee before prayer? Any distractions? Take note of these things. Next time, try to replicate the helpful things and change the unhelpful things.

Pass it On

The Lectio Three-Step is great because it's easy to remember and easy to teach. So go find somebody and teach them the Three-Step! They (and God) will be happy you did.

An Illustrated Booklet for Your Prayer Time

This illustrated booklet was created by Jonathan Teixeira for the FOCUS blog. Follow Jonathan on Twitter @jonathanTeix, and read the blog at Focus.org/blog.
This little booklet will walk you through a method of prayer I call the Lectio Three-Step. 

DO THE LECTIO THREE-STEP

AN ILLUSTRATED BOOKLET FOR YOUR PRAYER TIME
BY JONATHAN TEIXEIRA

STEP 0 PREPARE

Know What You're Going to Pray With:
Suggestion: The Day's Gospel

Pray for the Prayer
Ask God for grace to hear him, open your heart to him, stay focused, etc.

STEP 1 EYES TO SEE

Talk with God in Prayer
EXAMPLE EYES TO SEE PRAYER

Father, 
You've told us that your Word is living and active, sharper than any two-edged sword, piercing between joints and marrow (Hebrews 4:12). Pierce my heart today with your word. As I read this passage the first time, may I be on the lookout for a word or phrase God has shown you. Once you've done that, turn the page and proceed to the next step.

Spend Time in Silence
Take a little time and sit with the word or phrase God has shown you. Mull it over a little bit.

STEP 2 EARS TO HEAR

Read the Passage Again
EXAMPLE EARS TO HEAR PRAYER

Father, 
You've told us that your Word is living and active, sharper than any two-edged sword, piercing between joints and marrow (Hebrews 4:12). Here's God's word to you today. What about this word or phrase? Ask God for grace to hear him, open your heart to him, stay focused, etc.

Once you've done that, turn the page and proceed to the next step.

STEP 3 CHANCE TO MAKE

Time to Change
EXAMPLE CHANGE TO MAKE PRAYER

Father, 
You've told us that your Word is living and active, sharper than any two-edged sword, piercing between joints and marrow (Hebrews 4:12). Here's God's word to you today. What about this word or phrase? Ask God for grace to hear him, open your heart to him, stay focused, etc.

Once you've done that, turn the page and proceed to the next step.

WRAP IT UP

Pray a quick prayer to thank God.
EXAMPLE ENDING PRAYER

Father, 
Thank you for revealing yourself to me in prayer today. Thank you for touching my heart, speaking to me, and showing me how to change my life. May any step of the way bring your grace to me, make God's grace shine on me. Amen.

Make Some Notes
How was praying today? How was the place you prayed? Your posture (sitting, kneeling, etc.)? That cup of coffee before prayer? Any distractions? Take note of these things. Next time, try to replicate the helpful things and change the others.

Pass it On
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Step 1

Eyes to See

Pray a quick prayer for this step.

Father,
You've told us that your Word is living and active, sharper than any two-edged sword, piercing between joints and marrow (Hebrews 4:12). Pray my heart today with your word. As I read this passage the first time, may I be on the lookout for what God is speaking to me. 

Read the Passage

Be on the lookout for a word or phrase that jumps out at you. What is God highlighting for you today? What from this passage strikes you? If you need to read it another time or two, that’s totally fine.

Step 2

Ears to Hear

Pray a quick prayer for this step.

Father,
You're telling me ________? "You mean to tell me that ________?" You get the idea. Having a small conversation about what he's telling you can allow you to go further/deeper and hear more. Be silent and allow the Lord to speak. Once you've done that, turn the page and proceed to the next step.

Read the Passage Again

Be on the lookout for what God is telling you. What deep and earthy, blistering conversation about what he's telling you can allow you to go further/deeper and hear more. Be silent and allow the Lord to speak.

Step 3

Chance to Make

Pray a quick prayer to thank God.

Father,
Thank you for revealing yourself to me in prayer today. Thank you for touching my heart, making me more aware of my inner life and my ongoing need for grace to change my heart today with your Word. As I read this passage a second time, may I be on the lookout through the passage. This could very well build on top of the word or phrase from the first step.

Make Some Notes

What’s changing? What’s stirring up? Be on the lookout for what God is showing you through the passage. This could very well build on top of the word or phrase from the first step.

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Step X

WRAP IT UP

Pray a quick prayer to thank God.

Father,
Thank you for revealing yourself to me in prayer today. Thank you for touching my heart, making me more aware of my inner life and my ongoing need for grace to change my heart today with your Word. As I read this passage a third time, may I be on the lookout through the passage. This could very well build on top of the word or phrase from the first step.

Make Some Notes

What’s changing? What’s stirring up? Be on the lookout for what God is showing you through the passage. This could very well build on top of the word or phrase from the first step.

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EXAMPLE ENDING PRAYER

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