

THE BIG 3

LENT FAQ

First & Last Name: _____

Class: _____ Today's date: _____

Saint of the Day: _____

(Pray for me!)

HOMEWORK

18 pts.

THE BIG 3: PRAYER, FASTING, AND ALMSGIVING

Instructions: Using The Big 3 article, summarize each section with:

1. 3 bullet-pointed notes (in your own words), and
2. A picture that helps show something you learned

PRAYER

(4 pts.)

FASTING

(4 pts.)

ALMSGIVING

(4 pts.)

LENT FAQ (“FREQUENTLY ASKED QUESTIONS”)

Complete sentences NOT necessary. Questions worth 1 point each.

1. Should Sundays during Lent be a celebration or a time for repentance? Please explain.

2. Can you “cheat” on your Lenten goals/promises on Sundays? Please explain.

3. Who can receive ashes on Ash Wednesday? _____

4. Do all Catholics *have* to attend Mass on Ash Wednesday?
(In other words, is Ash Wednesday a “Holy Day of Obligation”?)

Circle the correct answer: **Yes** or **No**

5. Why do we abstain from meat on Ash Wednesday and all Fridays during Lent?

6. Why is fish not considered meat?

