

THEOLOGY OF THE BODY

CLASS NOTES – CH. 6

Chapter 6 – To Use or Not to Use? That is the Question: The Opposite of Love

1. The ancient Greeks had 4 different words for love. We have 1. This is probably one of the reasons so many people today are confused about what love is.
2. VOCAB Love: St. Thomas Aquinas said love is, “*Willing the good of the other*” (in other words, choosing what is best for someone else regardless of how good it makes you feel)
3. Pornography
 - a. VOCAB Pornography: Printed or visual material that contains explicit descriptions or images for the purpose of arousing lust.
 - b. “The problem with pornography is not that it shows too *much*, but that it shows too *little*.” St. John Paul II
4. Modesty is not about looking as ugly as possible. It’s about showing one’s true beauty and helping those around you to see and love you like you deserve to be seen and loved.
5. Staying Pure
 - a. Always ask yourself, “WWJD?” and “WWJT?”
 - b. Get to Reconciliation whenever you fail at being pure and don’t lose hope.
 - c. Have accountability partners.
 - d. Remember: The purpose of dating is to find a spouse.
 - e. Strive to arrive at your wedding day with no regrets.