Chapter 1 – Who Am I? Discovering My True Identity

1. Page 5
   a. Happiness
      i. Everyone wants to be happy.
      ii. Happiness depends on our choices.
      iii. We oftentimes look for happiness in all the wrong places and in all the wrong ways (Empty Heart Dude poster!).
      iv. We were made by God and for God, and will only be truly happy when we give our hearts to Him and live like saints. (Augustine quote!)

2. Page 6-8
   a. TOB asks and answers 2 main questions:
      i. Who am I?
      ii. How should I live?
   b. VOCAB Incarnation: God becomes man (Jesus)
   c. VOCAB Human Person:
      i. Both a body and a soul
      ii. Made in the image and likeness of God
      iii. Is unique and unrepeatable
      iv. Meant to be a SAINT
      v. NOT just a smart monkey