Dear 8th grade parents,

During our next unit of the year we will be utilizing an exciting program called *Theology of the Body for Teens: Middle School Edition*. This curriculum is based on St. John Paul II’s Theology of the Body, which asks and answers two main questions: *Who am I?* and *How should I live?*

The Theology of the Body program we will be using offers a very positive message of the gift of sexuality as a good and essential part of love and life. Our unit will look at love and relationships within the moral framework of the Catholic Church, through which we will seek to understand the true freedom and happiness that comes from following the teachings of Christ.

Recognizing parents as the primary educators of their children in matters of faith and morals, this program strongly encourages parents to read and discuss the contents of *Theology of the Body for Teens: Middle School Edition*. This textbook will be made available to all parents and students throughout the teaching of this unit (simply ask your son or daughter to share their copy with you). You may also wish to visit TOBforTeens.com, where you can find program endorsements, video clips, frequently asked questions, and further parent and student resources.

If you have any questions regarding any of this, please don’t hesitate to contact me.

Thanks!

In Christ,  
Greg Aitchison