

“Whatever you have done for one of these least brothers of Mine, you have done for Me.”

MATTHEW 25:40

# SERVICE HOURS

## Reflection Form

4 Hours of Service completed = 25 points  
Rest of Reflection Form = 15 points  
TOTAL POINTS: 40

First & Last Name: Coulddobetter McSweater

Class: 8A Today's date: 11/9/15

Saint of the Day: DK

(Pray for me!)

3 pts.

Date(s) of Service: A few weeks ago

Number of Hours: 3 1/2

Name of Supervising Adult (written): Don't know

Phone # of Supervising Adult: (373) 928-3029

Signature of Supervising Adult: \_\_\_\_\_

\*Note: Counted as late if signature is e-mailed

**BAD EXAMPLE**

### 1. Share your service experience.

a. What did you do? Who did you help? Give as much detail as possible. 3 pts.

*Altas served for 2 hrs. and raked my yard for 1 hour.*

b. What did you learn or gain from this experience? Be honest and specific. 3 pts.

*i learned that helping others and raking leafs is a nice thing 2 do and i will probably do this every day 4 the rest of my life!*

3 pts. **2. Which Catholic Social Teaching themes connect with your service hours? Check all that apply.**

*\*See "Catholic Social Teachings Information" document for more help if needed.*

**#1 Sanctity of Life and Dignity of the Human Person**

ALL human life is sacred regardless of age, ability, or state in life. This principle underscores the Church's teachings against abortion, euthanasia, embryonic stem-cell research, cloning, the death penalty, and unjust war.

**#2 Call to Family, Community, and Participation**

The Church strives to nurture and protect the family above all, but also recognizes the importance of other communities: parishes, schools, teams, towns, etc. It is our responsibility to promote the common good of these communities and serve the needs of their members.

**#3 Rights and Responsibilities**

The Catholic tradition teaches that human dignity is only upheld when basic human rights are upheld. Every person has a right to life as well as the things necessary to a good life: food/water, employment, health care, and education. (\*Note: While we all have numerous responsibilities in life, this social teaching is focused on our responsibility to make sure that everyone enjoys the basic rights mentioned above.)

**#4 Preferential Option for the Poor and Vulnerable**

"You can judge a society by how it treats its most weakest members" is the often heard quote associated with this social teaching. Christ calls us to take care of our brothers and sisters, especially those forgotten in our country: the unborn, poor, handicapped, elderly, terminally ill, etc.

**#5 The Dignity of Work and the Rights of Workers**

Work should not just be about making money, but participating in God's work. Workers have basic rights that should always be respected: the right to fair wages, the ability to join and organize unions, safe working conditions, etc.

**#6 Solidarity**

We are one human family regardless of race, religion, language, or even location in the world. The Church reminds us that we are all brothers and sisters and that "loving thy neighbor" goes beyond our own family, school, or city.

**#7 Care for God's Creation**

If you read the first chapter of Genesis, you will see that the 2<sup>nd</sup> commandment God gave man and woman was to take care of the world He had just made. That responsibility has not changed. Though it is right to use the earth's resources, it is not right to abuse them whether by wasting water, electricity, filling the air with pollution, etc. By respecting creation, we respect our Creator. (\*Note: Though it is true that humans are part of God's creation, this social teaching is focused on animals and the environment.)

How does your service fit into your checked Catholic Social Teaching theme(s)? 3 pts.

*\*See "Catholic Social Teachings Information" document for more help if needed.*

*i helped others and mother urf*