Learning Styles (Commonly called “Multiple Intelligences”)
In the 1980s a Harvard prof named Howard Gardner was bothered that “intelligence” was typically measured by IQ tests. Gardner saw things more broadly and came up with 8 different learning styles which he called “multiple intelligences”. He taught that everyone has unique ways that they learn the best (usually 2-3 of the 8 styles).
Hooray for...

VLINMILK!

A special kind of milk from a special kind of cow
Visual/Spatial
Linguistic/Verbal
Intrapersonal
Naturalistic
Musical/Auditory
Interpersonal
Logical/Mathematical
Kinesthetic
Visual/Spatial
AKA
"Picture Smart"

The visual/spatial intelligence is all about learning through pictures, maps, photos, videos, drawings, and one's own imagination.
LINGUISTIC/VERBAL
AKA
“WORD SMART”

The linguistic/verbal intelligence is all about learning through words, both spoken and written.
Intrapersonal

AKA

“Self Smart”

The intrapersonal intelligence is all about learning through self-reflection, thinking, pondering, and processing by oneself.
Naturalistic

aka

“Nature Smart”

The naturalistic intelligence is all about learning in (or close to) nature and through experiences in nature.
Musical/Auditory

AKA

“Music Smart”

The musical/auditory intelligence is all about learning through music, rhythm, and sound.
The interpersonal intelligence is all about learning through interacting with others, being involved in a group, talking about things, etc.
Logical/Mathematical

aka

“Number Smart”

The logical/mathematical intelligence is all about learning through numbers, patterns, categorizing, analyzing, and figuring things out.
Kinesthetic
aka
"Body Smart"

The kinesthetic intelligence is all about learning through movement, actions, touching, etc.